

OZARK High School Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
			Sep - 1 Chicken Patty Roasted Turkey Pizza Variety Popcorn Chicken Wrap Salad Bar Hot Roll Honey Glazed Carrots Mashed Potatoes Apple Strawberry Blueberry Milk	Sep - 2 Chicken Parmesan Hot Ham & Cheese Pizza Variety Turkey Club Wrap Salad Bar with Strawberry Muffin Tater Tots Roasted Vegetables Orange Wedges Mixed Fruit Milk
Sep - 5 NO SCHOOL TODAY	Sep - 6 Chicken & Waffles Italian Sub Pizza Variety Turkey Avocado Wrap Salad Bar with Focaccia Bread Baked Beans Cheesy Cauliflower Cinnamon Apples Watermelon Milk	Sep - 7 Sweet & Sour Chicken Hot Dog Pizza Variety Roast Beef & Swiss Salad Bar with Cornbread Roasted Vegetables Celery Sticks Rosey Applesauce Banana Milk	Sep - 8 Chicken Patty Baked Ham Pizza Variety Popcorn Chicken Wrap Salad Bar Hot Roll Green Beans Mashed Potatoes Mixed Fruit Orange Wedges Milk	Sep - 9 Cheeseburger Meatball Sub Pizza Variety Turkey Club Wrap Salad Bar with Banana Muffin French Fries Roasted Broccoli Pears Strawberry Banana Mix Milk
Sep - 12 Chicken Nachos Beef Tacos Pizza Variety Ham & Cheese Wrap Salad Bar with Strawberry Muffin Baked Pintos Celery Sticks Cantaloupe Mixed Fruit Milk	Sep - 13 Grilled Cheese French Toast Sand Pizza Variety Turkey Avocado Wrap Salad Bar with Banana Muffin Toss Salad Roasted Vegetables Banana Rosey Applesauce Milk	Sep - 14 Pepperoni Lasagna Salad Bar with Focaccia Bread Popcorn Chicken with Garlic Breadstick Pizza Variety Roast Beef & Swiss Baby Carrots Cheesy Cauliflower Pears Watermelon Milk	Sep - 15 Chicken Patty Meatloaf Pizza Variety Popcorn Chicken Wrap Salad Bar Hot Roll Mashed Potatoes Green Beans Peaches Apple Milk	Sep - 16 Corn Dog Open Faced Hot Turke Pizza Variety Turkey Club Wrap Salad Bar Strawberry Muffin Fresh Broccoli Cherry Tomatoes Orange Wedges Mixed Fruit SUGAR COOKIES Milk
Sep - 19 Cheesy Chicken with Garlic Breadstick Cheeseburger Pizza Variety Ham & Cheese Wrap Salad Bar with Banana Muffin Roasted Broccoli Toss Salad Banana Rosey Applesauce Milk	Sep - 20 Chicken Tenders with Hot Roll Stromboli Pizza Variety Turkey Avocado Wrap Salad Bar with Focaccia Bread French Fries Sliced Cucumber Peaches Watermelon Milk	Sep - 21 Beef Nachos with Cornbread Sloppy Joe Pizza Variety Turkey Avocado Wrap Salad Bar Strawberry Muffin Mexican Street Corn Baked Pintos Apple Orange Wedges Milk	Sep - 22 Breaded Beef Patty Roasted Turkey Pizza Variety Popcorn Chicken Wrap Salad Bar Hot Roll Green Beans Mashed Potatoes Orange Wedges Strawberry Blueberry Milk	Sep - 23 Pepperoni Pizza Chicken Patty on Bun Roast Beef & Swiss Salad Bar with Strawberry Muffin Baby Carrots Cheesy Cauliflower Cantaloupe Mixed Fruit Milk

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

OZARK

High School Lunch

Aug 30, 2022

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 26	Sep - 27	Sep - 28	Sep - 29	Sep - 30
Spaghetti & Meatballs Mac & Cheese Smokie with Garlic Breadstick Pizza Variety Ham & Cheese Wrap Salad Bar with Banana Muffin Roasted Broccoli Corn Strawberry Banana Mix Cinnamon Apples Milk	Hamburger on Bun Chicken Nuggets Pizza Variety Turkey Avocado Wrap Salad Bar Strawberry Muffin French Fries Baked Beans Apple Rosey Applesauce Snickerdoodle Cookie Milk	Cashew Chicken Nut Free Grilled Cheese Pizza Variety Turkey Club Wrap Salad Bar with Focaccia Bread Honey Glazed Carrots Toss Salad Watermelon Peaches Milk	Chicken Patty Baked Ham Pizza Variety Popcorn Chicken Wrap Salad Bar Hot Roll Green Beans Mashed Potatoes Peaches Cantaloupe Milk	Italian Sub Spicy Chicken on Bun Pizza Variety Turkey Club Wrap Salad Bar with Banana Muffin Baby Carrots Cheesy Cauliflower Orange Wedges Mixed Fruit Milk

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.