

# OZARK Junior High

Aug 30, 2022

Monday	Tuesday	Wednesday	Thursday	Friday
			Sep - 1 Chicken Patty Roasted Turkey Hot Roll Salad Bar with Banana Muffin Honey Glazed Carrots Mashed Potatoes Apple Strawberry Blueberry Milk	Sep - 2 Chicken Parmesan Hot Ham & Cheese Salad Bar with Strawberry Muffin Tater Tots Roasted Vegetables Orange Wedges Mixed Fruit Milk
Sep - 5  NO SCHOOL TODAY	Sep - 6 Chicken & Waffles BBQ Pork Sandwich Italian Sub Salad Bar with Garlic Breadstick Baked Beans Cheesy Cauliflower Cinnamon Apples Watermelon Milk	Sep - 7 Sweet & Sour Chicken Hot Dog Turkey Avocado Wrap Salad Bar with Cornbread Roasted Vegetables Celery Sticks Rosey Applesauce Banana Milk	Sep - 8 Chicken Patty Baked Ham Salad Bar Hot Roll Green Beans Mashed Potatoes Mixed Fruit Orange Wedges Milk	Sep - 9 Cheeseburger Meatball Sub Roast Beef & Swiss Salad Bar with Banana Muffin French Fries Roasted Broccoli Pears Strawberry Banana Mix Milk
Sep - 12 Chicken Nachos Beef Tacos Popcorn Chicken Wrap Salad Bar with Strawberry Muffin Baked Pintos Celery Sticks Cantaloupe Mixed Fruit Milk	Sep - 13 Grilled Cheese French Toast Sand Italian Sub Salad Bar with Garlic Breadstick Toss Salad Roasted Vegetables Banana Rosey Applesauce Milk	Sep - 14 Pepperoni Lasagna Salad Bar with Garlic Breadstick Popcorn Chicken Turkey Club Wrap Baby Carrots Cheesy Cauliflower Pears Watermelon Milk	Sep - 15 Chicken Patty Meatloaf Salad Bar Hot Roll Mashed Potatoes Green Beans Peaches Apple Milk	Sep - 16 Cheese Pizza Corn Dog Roast Beef & Swiss Salad Bar with Strawberry Muffin Fresh Broccoli Cherry Tomatoes Orange Wedges Mixed Fruit SUGAR COOKIES Milk
Sep - 19 Cheesy Chicken Cheeseburger Ham & Cheese Wrap Salad Bar with Banana Muffin Roasted Broccoli Toss Salad Banana Rosey Applesauce Milk	Sep - 20 Chicken Tenders Stromboli Italian Sub Salad Bar with Garlic Breadstick French Fries Sliced Cucumber Peaches Watermelon Milk	Sep - 21 Beef Nachos Sloppy Joe Turkey Avocado Wrap Salad Bar with Focaccia Bread Mexican Street Corn Baked Pintos Apple Orange Wedges Milk	Sep - 22 Breaded Beef Patty Roasted Turkey Salad Bar Hot Roll Green Beans Mashed Potatoes Orange Wedges Strawberry Blueberry Milk	Sep - 23 Pepperoni Pizza Chicken Patty on Bun Roast Beef & Swiss Salad Bar with Strawberry Muffin Baby Carrots Cheesy Cauliflower Cantaloupe Mixed Fruit Milk

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 26 Spaghetti & Meatballs Mac & Cheese Smokie Popcorn Chicken Wrap Salad Bar with Banana Muffin Roasted Broccoli Corn Strawberry Banana Mix Cinnamon Apples Milk	Sep - 27 Hamburger on Bun Chicken Nuggets Italian Sub Salad Bar with Garlic Breadstick French Fries Baked Beans Apple Rosey Applesauce Snickerdoodle Cookie Milk	Sep - 28 Cashew Chicken Nut Free Grilled Cheese Turkey Club Wrap Salad Bar with Focaccia Bread Honey Glazed Carrots Toss Salad Watermelon Peaches Milk	Sep - 29 Chicken Patty Baked Ham Salad Bar Hot Roll Green Beans Mashed Potatoes Peaches Cantaloupe Milk	Sep - 30 Chef Salad with Banana Muffin Cheese Pizza Roast Beef & Swiss Baby Carrots Cheesy Cauliflower Orange Wedges Mixed Fruit Milk

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