

OZARK

Ozark Junior High

Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 3 NO SCHOOL TODAY	Jan - 4 NO SCHOOL TODAY	Jan - 5 NO SCHOOL TODAY	Jan - 6 Breaded Beef Patty Fish Patty Italian Chef Salad Hot Roll Honey Glazed Carrots Mashed Potatoes Cinnamon Apples Strawberry Blueberry Milk	Jan - 7 Chicken Nuggets Frito Pie with Cornbread Turkey Club Wrap Cobb Salad Tater Tots Fresh Broccoli Pears Banana Milk
Jan - 10 Hamburger on Bun Sloppy Joe Ham & Cheese Wrap Chicken Caesar Salad French Fries Baked Beans Orange Wedges Rosey Applesauce Milk	Jan - 11 Popcorn Chicken Bowl with Focaccia Bread Cashew Chicken Nut Free Italian Sub Chef Salad Honey Glazed Carrots Toss Salad Apple Peaches Milk	Jan - 12 Meatball Sub with Garlic Noodles Breakfast for Lunch Turkey Avocado Wrap Popcorn Chicken Sala Roasted Broccoli Mexicali Corn Tropical Fruit Grapes Milk	Jan - 13 Chicken Patty Meatloaf Italian Chef Salad Hot Roll Mashed Potatoes Green Beans Strawberry Blueberry Pears Milk	Jan - 14 Cheese Pizza Corn Dog Toasted Turkey Club Cobb Salad Cauliflower Cherry Tomatoes No-Bake Cookie Mixed Fruit Orange Wedges Milk
Jan - 17 NO SCHOOL TODAY	Jan - 18 Cheese Ravioli with Garlic Breadstick Stromboli Popcorn Chicken Wrap Chef Salad Corn Roasted Vegetables Mixed Fruit Cinnamon Apples Milk	Jan - 19 Chicken & Waffles BBQ Pork Sandwich Open Faced Beef with Garlic Noodles Italian Chef Salad French Fries Cheesy Cauliflower Apple Peaches Milk	Jan - 20 Roasted Turkey Breaded Beef Patty Hot Roll Green Beans Mashed Potatoes Mandarin Oranges Tropical Fruit Milk	Jan - 21 Pepperoni Pizza BBQ Chicken Nachos Turkey Cheese Wrap Cobb Salad Baby Carrots Toss Salad Mixed Fruit Cinnamon Apples No-Bake Cookie Milk
Jan - 24 Grilled Cheese Hot Ham & Cheese Popcorn Chicken Wrap Chicken Caesar Salad Tomato Soup Celery Sticks Peaches Grapes Milk	Jan - 25 Chili Cinnamon Roll Mini Corn Dogs Turkey Avocado Wrap Chef Salad Corn Toss Salad Orange Wedges Pears Milk	Jan - 26 Sweet & Sour Chicken Hot Dog Italian Sub Popcorn Chicken Sala Cheesy Cauliflower Celery Sticks Apple Blushing Pears Milk	Jan - 27 Chicken Patty Baked Ham Italian Chef Salad Hot Roll Mashed Potatoes Green Beans Strawberry Blueberry Applesauce Milk	Jan - 28 Cheeseburger Chicken Drumstick with Focaccia Bread Roast Beef & Swiss Chef Salad Roasted Vegetables Toss Salad Orange-Pineapple Apple Slices Milk

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.
 * - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Dec 16, 2021

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Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 31 Chicken Burrito with Spanish Rice Popcorn Chicken Wrap Toasted Turkey Club Chicken Caesar Salad Baked Pintos Celery Sticks Apple Blushing Pears Milk				

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