

OZARK HIGH SCHOOL LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
				Oct - 1 French Toast Sand Hot Dog Pizza Variety Cobb Salad Turkey Club Wrap Roasted Vegetables Toss Salad Peaches Apple Chocolate Cookies Milk
Oct - 4 Grilled Cheese Hot Ham & Cheese Pizza Variety Straw. Mandarin Salad Ham & Cheese Wrap Tomato Soup Celery Sticks Grapes Applesauce Milk	Oct - 5 Beef Fajitas Beef Nachos Pizza Variety Chicken Caesar Salad Ham & Cheese Wrap Refried Beans Celery Sticks Spanish Rice Blushing Pears Cantaloupe Milk	Oct - 6 Lasagna with Garlic Breadstick Mini Corn Dogs Pizza Variety Popcorn Chicken Sala Hawaiian Chicken Wra Seasoned Peas Toss Salad Applesauce Watermelon Milk	Oct - 7 Meatloaf Baked Ham Pizza Variety Italian Chef Salad Popcorn Chicken Wrap Hot Roll Mashed Potatoes Green Beans Peaches Grapes Milk	Oct - 8 Beef Fingers with Focaccia Bread Chicken Alfredo Pizza Variety Cobb Salad Turkey Club Wrap Baby Carrots Toss Salad Fresh Strawberries Tropical Fruit Milk
Oct - 11 Chicken Nachos Walking Taco Pizza Variety Straw. Mandarin Salad Ham & Cheese Wrap Baked Pintos Celery Sticks Peaches Grapes Milk	Oct - 12 Beef & Noodles Cheeseburger Pizza Variety Chef Salad Turkey Avocado Wrap Roasted Vegetables Toss Salad Orange Wedges Applesauce Milk	Oct - 13 Sweet & Sour Chicken Corn Dog Pizza Variety Popcorn Chicken Sala Hawaiian Chicken Wra Cheesy Cauliflower Celery Sticks Apple Watermelon Milk	Oct - 14 Breaded Beef Patty Fish Patty Pizza Variety Italian Chef Salad Popcorn Chicken Wrap Hot Roll Honey Glazed Carrots Mashed Potatoes Cantaloupe Strawberry Blueberry Milk	Oct - 15 Chicken Nuggets with Garlic Breadstick Frito Pie Pizza Variety Cobb Salad Turkey Club Wrap Tater Tots Fresh Broccoli Mixed Fruit Banana Milk
Oct - 18 Hamburger on Bun Sloppy Joe Pizza Variety Straw. Mandarin Salad Ham & Cheese Wrap French Fries Baked Beans Rosey Applesauce Orange Wedges Milk	Oct - 19 Cashew Chicken Nut Free Grilled Cheese Pizza Variety Chef Salad Turkey Avocado Wrap Honey Glazed Carrots Toss Salad Watermelon Pears Milk	Oct - 20 Chicken Nuggets with Garlic Breadstick Spaghetti & Meatballs Pizza Variety Popcorn Chicken Sala Hawaiian Chicken Wra Roasted Broccoli Corn Grapes Tropical Fruit Milk	Oct - 21 Chicken Patty Roasted Turkey Pizza Variety Italian Chef Salad Popcorn Chicken Wrap Hot Roll Mashed Potatoes Green Beans Peaches Apple Milk	Oct - 22 Corn Dog Italian Sub Pizza Variety Cobb Salad Turkey Club Wrap Cauliflower Cherry Tomatoes Orange Wedges Strawberry Banana Mix Milk

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

OZARK HIGH SCHOOL LUNCH

Sep 27, 2021

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 25	Oct - 26	Oct - 27	Oct - 28	Oct - 29
Beef Tacos Chicken Drumstick Pizza Variety Straw. Mandarin Salad Ham & Cheese Wrap Baby Carrots Refried Beans Watermelon Blushing Pears Milk	Toasted Turkey Club Breakfast for Lunch Pizza Variety Chef Salad Hawaiian Chicken Wra Corn Fresh Broccoli Fresh Strawberries Orange-Pineapple Milk	Chicken & Waffles BBQ Pork Sandwich Pizza Variety Popcorn Chicken Sala Turkey Avocado Wrap French Fries Cheesy Cauliflower Applesauce Grapes Milk	Breaded Beef Patty Popcorn Chicken Pizza Variety Italian Chef Salad Popcorn Chicken Wrap with Hot Roll Green Beans Mashed Potatoes Strawberry Blueberry Banana Milk	French Toast Sand Hot Dog Pizza Variety Cobb Salad Turkey Club Wrap Roasted Vegetables Toss Salad Peaches Apple Chocolate Cookies Milk

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.