

# OZARK

6-7 Middle School

Mar 22, 2021

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Monday	Tuesday	Wednesday	Thursday	Friday
			Apr - 1 Baked Ham Beef Fingers Hot Roll Mashed Potatoes Green Beans Pears Jello Cake Milk	Apr - 2 NO SCHOOL TODAY
Apr - 5 NO SCHOOL TODAY	Apr - 6 Sweet & Sour Chicken Corn Dog Hamburger Toss Salad Honey Glazed Carrots Peaches Strawberry Banana Mix Milk	Apr - 7 Beef Tacos Spicy Chicken on Bun Turkey Club Wrap Refried Beans Celery Sticks Mandarin Oranges Grapes Milk	Apr - 8 Chicken Nuggets Roasted Turkey Hot Roll Mashed Potatoes Seasoned Peas Pears Banana Milk	Apr - 9 Fish Sticks Popcorn Chicken Wrap Chicken Tenders Macaroni & Cheese Roasted Vegetables Mixed Fruit Apple Milk
Apr - 12 Hot Dog Meatball Sub Italian Sub Baked Beans Baby Carrots Blushing Pears Orange Wedges Milk	Apr - 13 Spaghetti w/Breadstick General Tso's & Rice Fish Sandwich Corn Celery Sticks Strawberry Blueberry Apple Milk	Apr - 14 Cheeseburger Chicken & Waffles Sloppy Joe Tater Tots Toss Salad Peaches Grapes Milk	Apr - 15 Chicken Patty Baked Ham Hot Roll Mashed Potatoes Honey Glazed Carrots Tropical Fruit Milk	Apr - 16 Cheese Pizza Tuna Salad Croissant Chix & Cheese Crispito Cheesy Cauliflower Fresh Broccoli Mixed Fruit Banana Milk
Apr - 19 Chicken Alfredo Chicken Nuggets Garlic Breadstick Meatball Sub Corn Peaches Apple Milk	Apr - 20 Beef Nachos Turkey Club Wrap Fish Sticks Refried Beans Baby Carrots Tropical Fruit Orange Wedges Milk	Apr - 21 Tangerine Chicken General Tso's & Rice Ham & Cheese Wrap Roasted Broccoli Celery Sticks Strawberry Banana Mix Pears Milk	Apr - 22 Chicken Tenders Roasted Turkey Hot Roll Mashed Potatoes Green Beans Orange-Pineapple Milk	Apr - 23 Chicken Burrito BBQ Pulled Pork Sand Hamburger on Bun French Fries Toss Salad Apple Slices Banana Milk
Apr - 26 Grilled Cheese Sweet & Sour Chicken Mini Corn Dogs Roasted Broccoli Toss Salad Peaches Grapes Milk	Apr - 27 Pepperoni Pizza Beef & Noodles BBQ Chicken on Bun Corn Cauliflower Mixed Fruit Strawberry Banana Mix Milk	Apr - 28 Popcorn Chicken Spicy Chicken on Bun Beef Fajitas Garlic Noodles Baked Pintos Applesauce Orange Wedges Milk	Apr - 29 Beef Fingers Baked Ham Hot Roll Mashed Potatoes Seasoned Peas Peaches Milk	Apr - 30 Chicken & Waffles Chicken Nachos w/Ch Turkey Avocado Wrap Toss Salad Fresh Carrots & Tomat Mandarin Oranges Apple Milk

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**