

# OZARK HIGH SCHOOL LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
			Apr - 1  Baked Ham Beef Fingers Pizza Variety Italian Chef Salad Popcorn Chicken Wrap Hot Roll Mashed Potatoes Green Beans Pears Jello Cake Milk	Apr - 2  NO SCHOOL TODAY
Apr - 5  NO SCHOOL TODAY	Apr - 6  Sweet & Sour Chicken Corn Dog Pizza Variety Chef Salad Turkey Avocado Wrap Toss Salad Honey Glazed Carrots Peaches Strawberry Banana Mix Milk	Apr - 7  Beef Tacos Spicy Chicken on Bun Pizza Variety Popcorn Chicken Sala Hawaiian Chicken Wra Refried Beans Celery Sticks Mandarin Oranges Grapes Milk	Apr - 8  Chicken Nuggets Roasted Turkey Pizza Variety Italian Chef Salad Popcorn Chicken Wrap Hot Roll Mashed Potatoes Seasoned Peas Pears Banana Milk	Apr - 9  Fish Sticks Chicken Tenders Pizza Variety Cobb Salad Turkey Club Wrap Macaroni & Cheese Roasted Vegetables Mixed Fruit Apple Milk
Apr - 12  Hot Dog Meatball Sub Pizza Variety Chicken Caesar Salad Ham & Cheese Wrap Baked Beans Baby Carrots Blushing Pears Orange Wedges Milk	Apr - 13  Spaghetti w/Breadstick General Tso's & Rice Pizza Variety Chef Salad Turkey Avocado Wrap Corn Celery Sticks Strawberry Blueberry Apple Milk	Apr - 14  Cheeseburger Chicken & Waffles Pizza Variety Popcorn Chicken Sala Hawaiian Chicken Wra Tater Tots Toss Salad Peaches Grapes Milk	Apr - 15  Chicken Patty Baked Ham Pizza Variety Italian Chef Salad Popcorn Chicken Wrap Hot Roll Mashed Potatoes Honey Glazed Carrots Tropical Fruit Milk	Apr - 16  Tuna Salad Croissant Chix & Cheese Crispito Pizza Variety Cobb Salad Turkey Club Wrap Cheesy Cauliflower Fresh Broccoli Mixed Fruit Banana Milk
Apr - 19  Chicken Alfredo Chicken Nuggets Garlic Breadstick Pizza Variety Chicken Caesar Salad Ham & Cheese Wrap Corn Peaches Apple Milk	Apr - 20  Beef Nachos Fish Sticks Pizza Variety Chef Salad Turkey Avocado Wrap Refried Beans Baby Carrots Tropical Fruit Orange Wedges Milk	Apr - 21  Tangerine Chicken General Tso's & Rice Pizza Variety Popcorn Chicken Sala Hawaiian Chicken Wra Roasted Broccoli Celery Sticks Strawberry Banana Mix Pears Milk	Apr - 22  Chicken Tenders Roasted Turkey Pizza Variety Italian Chef Salad Popcorn Chicken Wrap Hot Roll Mashed Potatoes Green Beans Orange-Pineapple Milk	Apr - 23  Chicken Burrito BBQ Pulled Pork Sand Pizza Variety Cobb Salad Turkey Club Wrap French Fries Toss Salad Apple Slices Banana Milk

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

# OZARK HIGH SCHOOL LUNCH

Mar 22, 2021

Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 26	Apr - 27	Apr - 28	Apr - 29	Apr - 30
Grilled Cheese Sweet & Sour Chicken Pizza Variety Chicken Caesar Salad Ham & Cheese Wrap Roasted Broccoli Toss Salad Peaches Grapes Milk	Beef & Noodles BBQ Chicken on Bun Pizza Variety Chef Salad Turkey Avocado Wrap Corn Cauliflower Mixed Fruit Strawberry Banana Mix Milk	Popcorn Chicken Spicy Chicken on Bun Pizza Variety Popcorn Chicken Sala Hawaiian Chicken Wra Garlic Noodles Baked Pintos Applesauce Orange Wedges Milk	Beef Fingers Baked Ham Pizza Variety Italian Chef Salad Popcorn Chicken Wrap Hot Roll Mashed Potatoes Seasoned Peas Peaches Milk	Chicken & Waffles Chicken Nachos w/Ch Pizza Variety Cobb Salad Turkey Club Wrap Toss Salad Fresh Carrots & Tomat Mandarin Oranges Apple Milk

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

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