

OZARK

Ozark Junior High

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| Jan - 4 NO SCHOOL TODAY | Jan - 5 Meatball Sub Hot Dog on Bun Hamburger on Bun Chef Salad French Fries Charro Beans Chilled Peaches Sliced Strawberries Milk | Jan - 6 Beef Teriyaki & Rice Grill Cheese Toasted Turkey Club Popcorn Chicken Sala Corn Celery Sticks Mandarin Oranges Grapes, Fresh Milk | Jan - 7 Roasted Turkey Country Fry Beef Steak Italian Chef Salad Hot Roll Mashed Potatoes Green Beans Cinnamon Apples Banana Milk | Jan - 1 Jan - 8 Pizza Cheese Crunche General Tso's & Rice Corn Dog Cobb Salad Toss Salad Roasted Vegetables Mixed Fruit Fresh Apple Milk |
| Jan - 11 Pepperoni Lasagna Mac/Chz w/Smokies Chicken Nuggets Chicken Caesar Salad Breadstick Corn Diced Pears Fresh Apple Milk BBQ Sauce | Jan - 12 Hamburger on Bun Chili w/Beans Shrimp Poppers Chef Salad French Fries Baby Carrots Pineapple Tidbits Orange Wedges Milk | Jan - 13 Tangerine Chicken Italian Sub Beef Fajitas Popcorn Chicken Sala Celery Sticks Roasted Broccoli Strawberry Blueberry Applesauce Milk | Jan - 14 Chicken Patty Baked Ham Italian Chef Salad Hot Roll Mashed Potatoes Lima Beans Orange-Pineapple Milk | Jan - 15 Ultimate Cheese Pizza BBQ Chicken on Bun Chicken Tenders Cobb Salad Toss Salad Roasted Vegetables Apple Slices Banana Milk |
| Jan - 18 NO SCHOOL TODAY | Jan - 19 Pizza Cheese Crunche Cashew Chicken w/Ric Fish Sandwich Chef Salad Honey Glazed Carrots Fresh Broccoli Strawberry Blueberry Fresh Apple Milk | Jan - 20 Cheeseburger Chicken & Waffles Sloppy Joe Popcorn Chicken Sala BAKED POTATO Toss Salad Chilled Peaches Grapes Milk | Jan - 21 Baked Ham Country Fry Beef Steak Italian Chef Salad Hot Roll Mashed Potatoes Green Beans Tropical Fruit Salad Milk | Jan - 22 Spaghetti & Meatballs Chicken Alfredo Mozz Cheese Stx w/Sa Cobb Salad Breadstick Corn Mixed Fruit Banana Milk |
| Jan - 25 General Tso's & Rice Grill Cheese HOT HAM AND CHEE BUN Chicken Caesar Salad Seasoned Peas Toss Salad Chilled Peaches Grapes, Fresh Milk | Jan - 26 Ultimate Pepperoni Piz Fish Sticks Chicken Tenders Chef Salad Celery Sticks Roasted Vegetables Mixed Fruit Sliced Strawberries Milk | Jan - 27 Popcorn Chicken Beef Fajitas Beef Tacos Popcorn Chicken Sala Garlic Noodles Baked Pintos Blushing Applesauce Orange Wedges Milk | Jan - 28 Meatball Sub Hot Dog on Bun Hamburger on Bun Chef Salad French Fries Baby Carrots Chilled Peaches Sliced Strawberries Milk | Jan - 29 Beef Teriyaki & Rice Chicken Patty on Bun Toasted Turkey Club Popcorn Chicken Sala Corn Celery Sticks Mandarin Oranges Grapes, Fresh Milk |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.