

# OZARK

Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 4  NO SCHOOL TODAY	Jan - 5  Meatball Sub Hot Dog on Bun Hamburger French Fries Charro Beans Chilled Peaches Sliced Strawberries Milk	Jan - 6  Beef Teriyaki & Rice Grill Cheese Toasted Turkey Club Corn Celery Sticks Mandarin Oranges Grapes, Fresh Milk	Jan - 7  Popcorn Chicken Country Fry Beef Steak Hot Roll Mashed Potatoes Green Beans Cinnamon Apples Banana Milk	Jan - 1 Jan - 8  Pizza Cheese Crunche General Tso's & Rice Corn Dog Toss Salad Roasted Vegetables Mixed Fruit Fresh Apple Milk
Jan - 11  Pepperoni Lasagna Mac/Chz w/Smokies Chicken Nuggets Breadstick Corn Diced Pears Fresh Apple Milk BBQ Sauce	Jan - 12  Hamburger Chili w/Beans Shrimp Poppers French Fries Baby Carrots Pineapple Tidbits Orange Wedges Milk	Jan - 13  Tangerine Chicken Italian Sub Beef Fajitas Celery Sticks Roasted Broccoli Strawberry Blueberry Applesauce Milk	Jan - 14  Chicken Patty Baked Ham Hot Roll Mashed Potatoes Lima Beans Orange-Pineapple Milk	Jan - 15  Ultimate Cheese Pizza BBQ Chicken on Bun Chicken Tenders Toss Salad Roasted Vegetables Apple Slices Banana Milk
Jan - 18  NO SCHOOL TODAY	Jan - 19  Pizza Cheese Crunche Cashew Chicken w/Ric Fish Sandwich Honey Glazed Carrots Fresh Broccoli Strawberry Blueberry Fresh Apple Milk	Jan - 20  Cheeseburger Chicken & Waffles Sloppy Joe BAKED POTATO Toss Salad Chilled Peaches Grapes Milk	Jan - 21  Baked Ham Country Fry Beef Steak Hot Roll Mashed Potatoes Green Beans Tropical Fruit Salad Milk	Jan - 22  Spaghetti & Meatballs Chicken Alfredo Mozz Cheese Stx w/Sa Breadstick Corn Mixed Fruit Banana Milk
Jan - 25  General Tso's & Rice Grill Cheese HOT HAM AND CHEE BUN Seasoned Peas Toss Salad Chilled Peaches Grapes, Fresh Milk	Jan - 26  Ultimate Pepperoni Piz Fish Sticks Chicken Tenders Celery Sticks Roasted Vegetables Mixed Fruit Sliced Strawberries Milk	Jan - 27  Popcorn Chicken Beef Fajitas Beef Nachos w/Chees Garlic Noodles Baked Pintos Blushing Applesauce Orange Wedges Milk	Jan - 28  Meatball Sub Hot Dog on Bun Hamburger French Fries Baby Carrots Chilled Peaches Sliced Strawberries Milk	Jan - 29  Beef Teriyaki & Rice Chicken Patty on Bun Toasted Turkey Club Corn Celery Sticks Mandarin Oranges Grapes, Fresh Milk

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.