

OZARK

Ozark Junior High

Monday	Tuesday	Wednesday	Thursday	Friday
	Sep - 1 Spaghetti & Meatballs Chicken Alfredo Chicken Tenders Chef Salad Breadstick Fresh Broccoli Watermelon Chunks Chilled Peaches Milk	Sep - 2 Turkey Club Wrap Hamburger on Bun Pork Rib Patty/Bun Popcorn Chicken Sala French Fries Baby Carrots Grapes, Fresh Mixed Fruit Milk	Sep - 3 Chicken Patty Roasted Turkey Italian Chef Salad Mashed Potatoes Green Beans Dinner Roll Watermelon Chunks Applesauce Milk	Sep - 4 Walking Taco Beef Tacos Fiesta Rice and Beans Cobb Salad Charro Beans Celery Sticks Grapes, Fresh Mixed Fruit Milk
Sep - 7 NO SCHOOL TODAY	Sep - 8 Sloppy Joe Chicken Patty on Bun Turkey Club Wrap Chef Salad French Fries Roasted Broccoli Chilled Peaches Grapes Milk	Sep - 9 Pepperoni Lasagna Teriyaki Noodles & Chi Mac/Chz w/Smokies Popcorn Chicken Sala Breadstick Toss Salad Diced Pears Banana Milk	Sep - 10 Roasted Turkey Chicken Tenders Italian Chef Salad Hot Roll Mashed Potatoes Honey Glazed Carrots Mixed Fruit Milk	Sep - 11 Popcorn Chicken Frito Pie Ham & Cheese Wrap Cobb Salad Cornbread Baked Pintos Applesauce Orange Wedges Milk
Sep - 14 Corn Dog BBQ Chicken on Bun Nuggets & Cornbread Strawberry Mandarin S Mexicali Corn Fresh Broccoli Strawberry Blueberry Grapes Milk	Sep - 15 Hamburger on Bun Breakfast for Lunch Popcorn Chicken Wrap Chef Salad Tater Tots Toss Salad Sliced Pears Orange Wedges Milk	Sep - 16 Beef Fajitas Chicken Burrito Beef Nachos w/Chees Popcorn Chicken Sala Refried Beans Toss Salad Applesauce Banana Milk	Sep - 17 Chicken Patty Baked Ham Italian Chef Salad Hot Roll Mashed Potatoes Green Beans Watermelon Chunks Milk	Sep - 18 Tony's Cheese Pizza BBQ Pulled Pork Sand Hawaiian Chicken Wra Cobb Salad Baby Carrots Roasted Broccoli Mixed Fruit Fresh Apple Milk
Sep - 21 Chicken Nachos w/Ch BBQ Chicken on Bun General Tso's Chicken Strawberry Mandarin S Charro Beans Celery Sticks Applesauce Watermelon Chunks Milk	Sep - 22 Lasagna Beef & Noodles Chicken Alfredo Chef Salad Breadstick Green Beans Toss Salad Chilled Peaches Milk	Sep - 23 Hot Dog on Bun Pork Rib Patty/Bun Turkey Avocado Wrap Popcorn Chicken Sala French Fries Baked Beans Applesauce Watermelon Chunks Milk	Sep - 24 Chicken Patty Roasted Turkey Italian Chef Salad Hot Roll Mashed Potatoes Honey Glazed Carrots Strawberry Blueberry Milk	Sep - 25 Grill Cheese Beef Nachos w/Chees Ham & Cheese Wrap Cobb Salad Corn Variety Veggies - Fres Blushing Pears Cantaloupe Milk
Sep - 28 NO STUDENTS	Sep - 29 Spaghetti & Meatballs Mac/Chz w/Smokies Sloppy Joe on Bun Strawberry Mandarin S Breadstick Green Beans Mixed Fruit Grapes Milk	Sep - 30 Chicken Sand Hamburger on Bun Nuggets & Cornbread Chef Salad French Fries Roasted Broccoli Chilled Peaches Fresh Apple Milk		

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.