

# OZARK

6-7 Middle School

Aug 28, 2020

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Monday	Tuesday	Wednesday	Thursday	Friday
	Sep - 1 Spaghetti & Meatballs Chicken Alfredo Chicken Tenders Breadstick Fresh Broccoli Watermelon Chunks Chilled Peaches Milk	Sep - 2 Turkey Club Wrap Hamburger on Bun Pork Rib Patty/Bun French Fries Baby Carrots Grapes, Fresh Mixed Fruit Milk	Sep - 3 Chicken Patty Roasted Turkey Mashed Potatoes Green Beans Dinner Roll Watermelon Chunks Applesauce Milk	Sep - 4 Walking Taco Beef Tacos Fiesta Rice and Beans Charro Beans Fresh Broccoli Grapes, Fresh Mixed Fruit Milk
Sep - 7  NO SCHOOL TODAY	Sep - 8 Sloppy Joe Chicken Patty on Bun Turkey Club Wrap French Fries Roasted Broccoli Chilled Peaches Grapes Milk	Sep - 9 Pepperoni Lasagna Teriyaki Noodles & Chi Mac/Chz w/Smokies Breadstick Toss Salad Diced Pears Banana Milk	Sep - 10 Roasted Turkey Chicken Tenders Hot Roll Mashed Potatoes Honey Glazed Carrots Mixed Fruit Milk	Sep - 11 Popcorn Chicken Frito Pie Strawberry Mandarin S Cornbread Baked Pintos Applesauce Orange Wedges Milk
Sep - 14 Corn Dog BBQ Chicken on Bun Nuggets & Cornbread Mexicali Corn Fresh Broccoli Strawberry Blueberry Grapes Milk	Sep - 15 Hamburger on Bun Breakfast for Lunch Popcorn Chicken Wrap Tater Tots Toss Salad Sliced Pears Orange Wedges Milk	Sep - 16 Beef Fajitas Chicken Burrito Beef Nachos w/Chees Refried Beans Toss Salad Applesauce Banana Milk	Sep - 17 Chicken Patty Baked Ham Hot Roll Mashed Potatoes Green Beans Watermelon Chunks Milk	Sep - 18 Tony's Cheese Pizza BBQ Pulled Pork Sand Chef Salad Baby Carrots Roasted Broccoli Mixed Fruit Fresh Apple Milk
Sep - 21 Chicken Nachos w/Ch BBQ Chicken on Bun General Tso's Chicken Charro Beans Celery Sticks Applesauce Watermelon Chunks Milk	Sep - 22 Lasagna Beef & Noodles Chicken Alfredo Breadstick Green Beans Toss Salad Chilled Peaches Milk	Sep - 23 Hot Dog on Bun Pork Rib Patty/Bun Turkey Avocado Wrap French Fries Baked Beans Applesauce Watermelon Chunks Milk	Sep - 24 Chicken Patty Roasted Turkey Hot Roll Mashed Potatoes Honey Glazed Carrots Strawberry Blueberry Milk	Sep - 25 Grill Cheese Beef Nachos w/Chees Cobb Salad Corn Variety Veggies - Fres Blushing Pears Cantaloupe Milk
Sep - 28  NO STUDENTS	Sep - 29 Spaghetti & Meatballs Mac/Chz w/Smokies Sloppy Joe on Bun Breadstick Green Beans Mixed Fruit Grapes Milk	Sep - 30 Chicken Sand Hamburger on Bun Nuggets & Cornbread French Fries Roasted Broccoli Chilled Peaches Fresh Apple Milk		

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.