

OZARK

6-7 Middle School

Monday	Tuesday	Wednesday	Thursday	Friday
Feb - 3 Pizza Cheese Crunche Fish Sticks Chicken Tenders Fresh Broccoli Strawberry Cups Chocolate Pudding Milk Tartar Sauce BBQ Sauce	Feb - 4 Corn Dog Shrimp Poppers with String Cheese Chix & Cheese Crispito Corn Applesauce Jurassic World Graha Milk	Feb - 5 Soft Chicken Taco Beef & Chz Nachos Turkey Sub Sandwich Refried Beans Chilled Peaches Milk Mustard Mayonnaise	Feb - 6 Cntry Frd Pork Steak Mozzarella Chicken BBQ Chick MaxSnax Garlic Noodles Sliced Cucumber Dried Cranberries Dinner Roll Milk	Feb - 7 Chicken Quesadilla Hamburger on Bun Hot Dog on Bun Baby Carrots Orange Wedges Milk Mustard Mayonnaise
Feb - 10 Chili w/Beans Chicken Taquito Grilled Chicken Sandwi Super Star Corn Bread Celery Sticks Blushing Applesauce Milk Mayonnaise	Feb - 11 Ham & Cheese Roll Up Nachos w/Cheese Fish Nuggets Spinach Mixed Fruit Milk Tartar Sauce	Feb - 12 Soft Beef Taco Meatball Sub Tuna Sandwich Black-Eyed Peas Red Tart Cherries JELLO Milk Salsa	Feb - 13 Cntry Frd Pork Steak Chicken Nuggets Turkey, Bnls Brst & Thi Mash Potatoes w/Grav Sour Watermelon Raisi Dinner Roll Milk BBQ Sauce	Feb - 14 Biscuit w/Sausage Gra Turkey & Cheese Sand Cheeseburger Tater Tots Watermelon Fruit Cup Sugar Cookie Milk Mustard Mayonnaise
Feb - 17 COOKS CHOICE	Feb - 18 Chicken Tenders Ham & Cheese Sandwi Corn Dog Baked Beans GRAPES, Fresh Banana Pudding Milk BBQ Sauce Mustard Mayonnaise	Feb - 19 Hot Dog on Bun Chicken Burrito Hamburger on Bun Salad Mandarin Oranges Milk Mustard Salsa	Feb - 20 Chicken Patty Pork Roast Pizza Cheese Crunche Mash Potatoes w/Grav Diced Pears Dinner Roll Milk	Feb - 21 Bkd Potato w/Chili Teriyaki Chicken Dippe Chili Dog on Bun Mixed Vegetables Banana Mini Cinnamon Roll Milk
Feb - 24 Tangerine Chicken Teriyaki Beef Wonderb Cheeseburger Steamed Broccoli Steamed Rice Orange Pineapple Juic Milk Mustard	Feb - 25 Beef Ravioli Pork Rib Patty/Bun Turkey Sub Sandwich Cooked Carrots Fresh Apple Milk	Feb - 26 Walking Taco Grilled Cheese Sandwi Fish Sandwich Green Beans Tropical Fruit Salad Chocolate Chip Cookie Milk Salsa Tartar Sauce	Feb - 27 Ham Turkey Breast Meatloaf with Cheese Mash Potatoes w/Grav California Blend Veget Diced Pears Dinner Roll Milk Brown Gravy	Feb - 28 Hamburger on Bun Chicken Wrap Ultimate Cheese Pizza Pork & Beans Pineapple Tidbits Milk Mustard

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.