

OZARK

Ozark Junior High

Monday	Tuesday	Wednesday	Thursday	Friday
Feb - 3 Pizza Cheese Crunche Fish Nuggets Domino's Cheese Pizz Domino's Pepperoni Pi Domino's Sausage Piz Chef Salad Salad Fresh Broccoli Baby Carrots Strawberry Cups Orange Fresh Apple Chocolate Pudding Milk Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Tartar Sauce	Feb - 4 Corn Dog Shrimp Poppers with String Cheese Grilled Chicken Sandwi Chef Salad Salad Corn Baby Carrots Applesauce Orange Fresh Apple Jurassic World Graha Milk Dressing Variety Mustard & Catsup Mayonnaise	Feb - 5 NO SCHOOL TODAY	Feb - 6 Cntry Frd Pork Steak Mozzarella Chicken Deli Sub Chef Salad Salad Garlic Noodles Sliced Cucumber Baby Carrots Chilled Fruit Orange Fresh Apple Dinner Roll Milk Mustard & Catsup Dressing Variety Mayonnaise	Feb - 7 Chicken Quesadilla Hamburger on Bun Pepperoni Pizza Pizza, Cheese WG* Chef Salad Salad Vegetable Variety Baby Carrots Orange Fresh Apple Banana Hot Cinnamon Apples Milk Dressing Variety Mustard & Catsup Mayonnaise
Feb - 10 Ham & Cheese Roll Up Chicken Patty on Bun Domino's Cheese Pizz Domino's Pepperoni Pi Domino's Sausage Piz Chef Salad Salad Spinach Baby Carrots Mixed Fruit Orange Fresh Apple Milk Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard	Feb - 11 Chili w/Beans Cheeseburger Grilled Chicken Sandwi Chef Salad Salad Super Star Corn Bread Celery Sticks Baby Carrots Blushing Applesauce Orange Fresh Apple Milk Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard	Feb - 12 Soft Beef Taco Tuna Sandwich Domino's Pepperoni Pi Domino's Cheese Pizz Domino's Sausage Piz Chef Salad Salad BLACK-EYED PEAS Baby Carrots Orange Fresh Apple Red Tart Cherries JELLO Milk Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard	Feb - 13 Cntry Frd Pork Steak Chicken Nuggets Deli Sub Chef Salad Salad Mashed Potatoes Baby Carrots Orange Fresh Apple Dinner Roll Milk Brown Gravy Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard BBQ Sauce	Feb - 14 Cheeseburger Turkey & Cheese Sand Pepperoni Pizza Chz Crust Saus Pizza Chef Salad Salad Tater Tots Baby Carrots Banana Blushing Applesauce Sugar Cookie Milk Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Feb - 17 Soft Chicken Taco Beef Nachos w/Chees Domino's Cheese Pizz Domino's Pepperoni Pi Domino's Sausage Piz Chef Salad Salad Refried Beans Baby Carrots Chilled Peaches Orange Fresh Apple Milk Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard BBQ Sauce Salsa	Feb - 18 Chicken Tenders Hot Ham/Chz on Bun Meatball Sub Chef Salad Salad Baked Beans Baby Carrots GRAPES,Fresh Orange Fresh Apple Banana Pudding Milk Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard	Feb - 19 Hot Dog on Bun Chili Dog on Bun Domino's Cheese Pizz Domino's Pepperoni Pi Domino's Sausage Piz Chef Salad Salad Mexican Beans Baby Carrots Mandarin Oranges Orange Fresh Apple Milk Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard	Feb - 20 Pork Roast Chicken Patty Hamburger on Bun Chef Salad Salad Mashed Potatoes Baby Carrots Diced Pears Orange Fresh Apple Dinner Roll Milk Brown Gravy Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard BBQ Sauce	Feb - 21 Bkd Potato w/Chili Teriyaki Chicken Dippe Pepperoni Pizza Pizza, Sausage Stfd Cr Chef Salad Salad Mixed Vegetables Baby Carrots Banana Orange Fresh Apple CINNAMON ROLL Milk Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard
Feb - 24 Tangerine Chicken Teriyaki Beef Wonderb Domino's Cheese Pizz Domino's Pepperoni Pi Domino's Sausage Piz Chef Salad Salad Steamed Broccoli Long Grain Rice Baby Carrots Orange Pineapple Juic Orange Fresh Apple Milk Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard	Feb - 25 Pork Rib Patty/Bun Sloppy Joe on Bun Corn Dog Chef Salad Salad Carrots Baby Carrots Chilled Fruit Orange Fresh Apple Milk Dressing Variety Mustard & Catsup Mayonnaise	Feb - 26 Walking Taco Grilled Cheese Sandwi Domino's Cheese Pizz Domino's Pepperoni Pi Domino's Sausage Piz Chef Salad Salad Green Beans Baby Carrots Tropical Fruit Salad Orange Fresh Apple Chocolate Chip Cookie Milk Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard Salsa	Feb - 27 Ham Turkey Breast Deli Sub Chef Salad Salad Mashed Potatoes Baby Carrots Chilled Fruit Orange Fresh Apple Dinner Roll Milk Brown Gravy Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard BBQ Sauce	Feb - 28 French Toast w/Sausa Hot Ham/Chz on Bun Pizza, Cheese WG* Pepperoni Pizza Chef Salad Salad Sweet Potato Tots Baby Carrots Orange Fresh Apple Banana Hot Cinnamon Apples Milk Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard

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