

# OZARK HIGH SCHOOL LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
Feb - 3 Grilled Chicken Sandwi Chicken Patty on Bun Chili Mac Domino's Cheese Pizz Domino's Pepperoni Pi Domino's Sausage Piz Wrap-Variety Chef Salad Yogurt Fresh Carrots & Tomat Fresh Broccoli Salad Lima Beans Fresh Fruit Chilled Fruit Cheese Stick Shredded Lettuce Tomatoes Fruit Juice Milk	Feb - 4 Burrito Enchilada Style Breaded Pork Patty Sd Chicken Stir Fry Pizza Variety Wrap-Variety Chef Salad Yogurt Fresh Carrots & Tomat Fresh Broccoli Salad Long Grain Rice Steamed Broccoli Fresh Fruit Chilled Fruit Cheese Stick Shredded Lettuce Tomatoes Fruit Juice Milk	Feb - 5 Spicy Chicken on Bun Hot Ham/Chz on Bun Beef Ravioli Domino's Cheese Pizz Domino's Pepperoni Pi Domino's Sausage Piz Wrap-Variety Chef Salad Yogurt Fresh Carrots & Tomat Fresh Broccoli Salad Breadstick Green Beans Fresh Fruit Chilled Fruit Cheese Stick Shredded Lettuce Tomatoes Fruit Juice Milk	Feb - 6 BBQ Chick MaxSnax Parmesan Chicken Sa Popcorn Chicken Bowl Pizza Variety Wrap-Variety Chef Salad Yogurt Fresh Carrots & Tomat Fresh Broccoli Salad Mashed Potatoes Corn Green Beans Fresh Fruit Chilled Fruit Dinner Roll Cheese Stick Shredded Lettuce Tomatoes Fruit Juice Milk Brown Gravy	Feb - 7 Pork Rib Patty/Bun Hamburger on Bun Chicken Patty Sliders Pizza Variety Wrap-Variety Chef Salad Yogurt Fresh Carrots & Tomat Fresh Broccoli Salad Seasoned Peas Fresh Fruit Chilled Fruit Cheese Stick Shredded Lettuce Tomatoes Fruit Juice Milk
Feb - 10 Cheeseburger Chicken Patty on Bun Frito Pie Domino's Cheese Pizz Domino's Pepperoni Pi Domino's Sausage Piz Wrap-Variety Chef Salad Yogurt Fresh Carrots & Tomat Fresh Broccoli Salad Green Beans Fresh Fruit Chilled Fruit Cheese Stick Shredded Lettuce Tomatoes Fruit Juice Milk	Feb - 11 Turkey Sub Sandwich Breaded Pork Patty Sd Sweet & Sour Chicken General Chicken Pizza Variety Wrap-Variety Chef Salad Yogurt Salad Fresh Carrots & Tomat Fresh Broccoli Long Grain Rice Steamed Broccoli Fresh Fruit Chilled Fruit Cheese Stick Shredded Lettuce Tomatoes Fruit Juice Milk	Feb - 12 Wicked Chicken Parm Hot Ham/Chz on Bun Chicken Parmesan Domino's Cheese Pizz Domino's Pepperoni Pi Domino's Sausage Piz Wrap-Variety Chef Salad Yogurt Fresh Carrots & Tomat Fresh Broccoli Salad Cooked Carrots Breadstick Fresh Fruit Chilled Fruit Cheese Stick Shredded Lettuce Tomatoes Fruit Juice Milk	Feb - 13 Club Sandwich Parmesan Chicken Sa Country Fry Beef Steak Wrap-Variety Chef Salad Yogurt Fresh Carrots & Tomat Fresh Broccoli Salad Mashed Potatoes Spinach Dinner Roll Fresh Fruit Chilled Fruit Cheese Stick Shredded Lettuce Tomatoes Fruit Juice Milk Brown Gravy	Feb - 14 Chicken Quesadilla Hamburger on Bun BBQ Pork Sandwich* BBQ Chicken on Bun Wrap-Variety Chef Salad Yogurt Cottage Cheese Salad Fresh Carrots & Tomat Baked Beans Fresh Fruit Chilled Fruit Sugar Cookie Cheese Stick Shredded Lettuce Tomatoes Fruit Juice Milk

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Feb - 17  Grilled Chicken Sandwi Chicken Patty on Bun Beef Nachos w/Chees Chicken Nachos w/Ch Domino's Cheese Pizz Domino's Pepperoni Pi Domino's Sausage Piz Wrap-Variety Chef Salad Yogurt Salad Baby Carrots Fresh Broccoli Raisins Refried Beans Fresh Fruit Chilled Fruit Cheese Stick Shredded Lettuce Tomatoes Fruit Juice Milk	Feb - 18  Hot Dog on Bun Breaded Pork Patty Sd Sweet & Sour Chicken General Chicken Pizza Variety Wrap-Variety Chef Salad Yogurt Salad Fresh Carrots & Tomat Fresh Broccoli Long Grain Rice Steamed Broccoli Fresh Fruit Chilled Fruit Cheese Stick Shredded Lettuce Tomatoes Onions Fruit Juice Milk	Feb - 19  Spicy Chicken on Bun Hot Ham/Chz on Bun Chicken Alfredo Domino's Cheese Pizz Domino's Pepperoni Pi Domino's Sausage Piz Wrap-Variety Chef Salad Yogurt Fresh Carrots & Tomat Fresh Broccoli Salad Breadstick Seasoned Peas Fresh Fruit Chilled Fruit Cheese Stick Shredded Lettuce Tomatoes Onions Fruit Juice Milk	Feb - 20  Italian Sub Sandwich* Parmesan Chicken Sa French Toast Sticks w/ Wrap-Variety Chef Salad Yogurt Fresh Carrots & Tomat Fresh Broccoli Salad Tater Tots Fresh Fruit Chilled Fruit Cheese Stick Shredded Lettuce Tomatoes Onions Fruit Juice Milk	Feb - 21  Pork Rib Patty/Bun Hamburger on Bun Chicken Tenders Pizza Variety Wrap-Variety Chef Salad Yogurt Baby Carrots Fresh Broccoli Salad French Fries Cooked Carrots Fresh Fruit Chilled Fruit Cheese Stick Shredded Lettuce Tomatoes Fruit Juice Milk
Feb - 24  Cheeseburger Chicken Patty on Bun Walking Taco Domino's Cheese Pizz Domino's Pepperoni Pi Domino's Sausage Piz Wrap-Variety Chef Salad Yogurt Fresh Carrots & Tomat Fresh Broccoli Salad Mexican Beans Fresh Fruit Chilled Fruit Cheese Stick Shredded Lettuce Tomatoes Fruit Juice Milk	Feb - 25  Turkey Sub Sandwich Breaded Pork Patty Sd Sweet & Sour Chicken General Chicken Pizza Variety Wrap-Variety Chef Salad Yogurt Fresh Carrots & Tomat Fresh Broccoli Salad Long Grain Rice Steamed Broccoli Fresh Fruit Chilled Fruit Cheese Stick Shredded Lettuce Tomatoes Fruit Juice Milk	Feb - 26  Bacon Cheeseburger Hot Ham/Chz on Bun Spaghetti & Sauce - H Domino's Cheese Pizz Domino's Pepperoni Pi Domino's Sausage Piz Wrap-Variety Chef Salad Yogurt Fresh Carrots & Tomat Fresh Broccoli Salad Breadstick Seasoned Peas Fresh Fruit Chilled Fruit Cheese Stick Shredded Lettuce Tomatoes Fruit Juice Milk	Feb - 27  Club Sandwich Parmesan Chicken Sa Open Faced Hot Turke Pizza Variety Wrap-Variety Chef Salad Yogurt Fresh Carrots & Tomat Fresh Broccoli Salad Mashed Potatoes Sweet Potatoes Fresh Fruit Chilled Fruit Cheese Stick Shredded Lettuce Tomatoes Fruit Juice Milk	Feb - 28  Fish Sandwich* Hamburger on Bun Cheezy Bread Pizza Variety Wrap-Variety Chef Salad Yogurt Fresh Carrots & Tomat Fresh Broccoli Salad Cooked Carrots Fresh Fruit Chilled Fruit Cheese Stick Shredded Lettuce Tomatoes Fruit Juice Milk

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