

OZARK

Ozark Junior High

Monday	Tuesday	Wednesday	Thursday	Friday
Dec - 2 Ham & Cheese Roll Up Chicken Patty on Bun Domino's Cheese Pizz Domin's Pepperoni Piz Domino's Sausage Piz Chef Salad Salad Pork & Beans Baby Carrots Raisins Watermelon Whl Fruit Orange Fresh Apple Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard	Dec - 3 Chili w/Beans Pork Rib Patty/Bun Deli Sub Chef Salad Salad Green Beans Baby Carrots Raisins Blushing Applesauce Orange Fresh Apple CINNAMON ROLL Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard	Dec - 4 Chicken Tenders Ham & Cheese Sandwi Domino's Cheese Pizz Domin's Pepperoni Piz Domino's Sausage Piz Chef Salad Salad French Fries Baby Carrots Raisins Cantaloupe Orange Fresh Apple JELLO Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard	Dec - 5 Chicken Nuggets Turkey Pot Roast Parmesan Chicken Sa Chef Salad Salad Mashed Potatoes Baby Carrots Fruit Mix, Dried Orange Fresh Apple Dinner Roll Chocolate Milk Strawberry Milk Milk, White 1% Brown Gravy Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard BBQ Sauce	Dec - 6 Walking Taco Meatball Sub Pizza, Pepperoni WG Pizza, Cheese WG Chef Salad Salad Mixed Veggies. Baby Carrots Raisins Banana Orange Fresh Apple Sugar Cookie Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard
Dec - 9 Chicken Alfredo Bkd Potato w/Chili Domino's Cheese Pizz Domino's Sausage Piz Domin's Pepperoni Piz Chef Salad Salad Celery Sticks Baby Carrots Raisins Tropical Fruit Salad Orange Fresh Apple Breadstick Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup	Dec - 10 Pretzel Hot Dog Grilled Cheese Sandwi Hamburger on Bun Chef Salad Salad Glazed Carrots Baby Carrots Raisins Applesauce Orange Fresh Apple Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard	Dec - 11 Tuna Salad Croissant Hot Dog on Bun Domino's Cheese Pizz Domino's Sausage Piz Domin's Pepperoni Piz Chef Salad Salad Baked Beans Baby Carrots Raisins Mixed Fruit Orange Fresh Apple Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Rasp Vinaigrette Dress Italian Dressing Catsup Mustard	Dec - 12 Popcorn Chicken Turkey Pot Roast Parmesan Chicken Sa Chef Salad Salad Mashed Potatoes Baby Carrots Raisins Sour Watermelon Raisi Orange Fresh Apple Dinner Roll Chocolate Milk Strawberry Milk Milk, White 1% Brown Gravy Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard BBQ Sauce Marinara Sauce	Dec - 13 Sweet & Sour Chicken Breaded Mozz Cheese Pizza, Pepperoni WG Pizza, Cheese WG Chef Salad Salad Steamed Broccoli Long Grain Rice Baby Carrots Raisins Banana Orange Fresh Apple Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Rasp Vinaigrette Dress Italian Dressing Catsup Marinara Sauce

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Dec - 16 Walking Taco Pork Rib Patty/Bun Domino's Cheese Pizz Domin's Pepperoni Piz Domino's Sausage Piz Chef Salad Salad Green Beans Baby Carrots Raisins Tropical Fruit Salad Orange Fresh Apple Chocolate Chip Cookie Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard	Dec - 17 Chicken Wrap Chicken Patty Sliders Deli Sub Chef Salad Salad Fresh Broccoli Baby Carrots Raisins Pineapple Tidbits Orange Fresh Apple Jurassic World Graha Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard	Dec - 18 Chicken Nuggets Cheeseburger on Bun Domino's Cheese Pizz Domin's Pepperoni Piz Domino's Sausage Piz Chef Salad Salad Pork & Beans Baby Carrots Raisins Apricot Halves Orange Fresh Apple Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard	Dec - 19 Ham Turkey, Bnls Brst & Thi Scalloped Potatoes California Blend Veget Sliced Strawberries Ice Cream Cup Dinner Roll Chocolate Milk Milk, White 1% Strawberry Milk Brown Gravy Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup	Dec - 20 NO SCHOOL TODAY
Dec - 23 CHRISTMAS BREAK	Dec - 24 CHRISTMAS BREAK	Dec - 25 CHRISTMAS BREAK	Dec - 26 CHRISTMAS BREAK	Dec - 27 CHRISTMAS BREAK
Dec - 30 CHRISTMAS BREAK	Dec - 31 CHRISTMAS BREAK			

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