OZARK

6-7 Middle School

Nov 25, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
Dec - 2 Chili w/Beans Chicken Taquito Chicken Patty on Bun Green Beans Blushing Applesauce CINNAMON ROLL Chocolate Milk Milk, White 1% Strawberry Milk Ranch Dressing Mayonnaise Catsup	Dec - 3 Ham & Cheese Roll Up Nachos w/Cheese Fish Sandwich Pork & Beans Blushing Pears Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Tartar Sauce	Dec - 4 Chicken Tenders Ham & Cheese Sandwi Meatball Sub Salad Watermelon Whl Fruit JELLO Chocolate Milk Strawberry Milk Milk, White 1% Catsup BBQ Sauce Mustard Mayonnaise	Dec - 5 Chicken Nuggets Turkey Pot Roast Club Sub Sandwich Mashed Potatoes Fruit Mix, Dried Dinner Roll Chocolate Milk Strawberry Milk Milk, White 1% Catsup Mayonnaise Mustard BBQ Sauce	Dec - 6 Walking Taco Pork Rib Patty/Bun Cheeseburger Baby Carrots and Cher Cantaloupe Sugar Cookie Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Salsa Catsup Mustard
Dec - 9 Pretzel Hot Dog Grilled Cheese Sandwi Grilled Chicken Sandwi Glazed Carrots Applesauce Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Catsup Mustard Mayonnaise	Dec - 10 Chicken Alfredo Bkd Potato w/Chili Pork Rib Patty/Bun Celery Sticks Tropical Fruit Salad Breadstick Chocolate Milk Strawberry Milk Milk, White 1% Tartar Sauce	Dec - 11 Tuna Salad Croissant Chili Dog on Bun Chicken Patty on Bun Baked Beans Mixed Fruit Chocolate Milk Strawberry Milk Milk, White 1% Catsup Mustard Mayonnaise	Dec - 12 Popcorn Chicken Pork Roast Club Sub Sandwich Mashed Potatoes Sour Watermelon Raisi Dinner Roll Chocolate Milk Strawberry Milk Milk, White 1% Catsup Mayonnaise Mustard	Dec - 13 Sweet & Sour Chicken Breaded Mozz Cheese Hamburger on Bun Steamed Broccoli Steamed Rice Banana Chocolate Milk Strawberry Milk Milk, White 1% Catsup Mayonnaise Marinara Sauce
Dec - 16 Cntry Frd Pork Stk/Bun Mac/Chz w/Smokies Chicken Patty on Bun Seasoned Peas Watermelon Chunks Chocolate Milk Strawberry Milk Milk, White 1% Catsup Mustard Mayonnaise	Dec - 17 Bosco Stick Fish Sandwich Hot Ham/Chz on Bun Green Beans Diced Pears Chocolate Milk Strawberry Milk Milk, White 1% Catsup Marinara Sauce Tartar Sauce	Dec - 18 Cheese Flatbread Pizz Chili Cheese Max Wra Cheeseburger Mixed Vegetables Chilled Peaches Chocolate Milk Strawberry Milk Milk, White 1% Catsup Mustard Tartar Sauce	Dec - 19 Ham Turkey, Bnls Brst & Thi Scalloped Potatoes California Blend Veget Sliced Strawberries Ice Cream Cup Dinner Roll Chocolate Milk Milk, White 1% Strawberry Milk Brown Gravy	Dec - 20 NO SCHOOL TODAY
Dec - 23 CHRISTMAS BREAK	Dec - 24 CHRISTMAS BREAK	Dec - 25 CHRISTMAS BREAK	Dec - 26 CHRISTMAS BREAK	Dec - 27 CHRISTMAS BREAK
Dec - 30 CHRISTMAS BREAK	Dec - 31 CHRISTMAS BREAK			

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**
*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.