

OZARK Junior High

Monday	Tuesday	Wednesday	Thursday	Friday
			Sep - 1 Orange Sweet Roll Parfait and Muffin Cereal with Yogurt Banana Fruit Juice Milk	Sep - 2 Biscuit & Gravy Cereal Sausage Patty Applesauce Fruit Juice Milk
Sep - 5 NO SCHOOL TODAY	Sep - 6 Cinn Streusel Cake Parfait and Muffin Cereal with Yogurt Sliced Strawberries Fruit Juice Milk	Sep - 7 Chicken Biscuit Cereal with Cin. Toast Apple Slices Fruit Juice Milk	Sep - 8 Cherry Sweet Roll Parfait and Muffin Cereal with Yogurt Banana Fruit Juice Milk	Sep - 9 Biscuit & Gravy Cereal Sausage Patty Applesauce Fruit Juice Milk
Sep - 12 Pancakes Cereal with Toast & Jelly Grapes Fruit Juice Milk	Sep - 13 Blueberry Brkfst Cake Parfait and Muffin Cereal with Yogurt Sliced Strawberries Fruit Juice Milk	Sep - 14 Breakfast Burrito Cereal Cinnamon Toast Apple Slices Fruit Juice Milk	Sep - 15 Smores Sweet Roll Parfait and Muffin Cereal with Yogurt Banana Fruit Juice Milk	Sep - 16 Biscuit & Gravy Cereal Sausage Patty Applesauce Fruit Juice Milk
Sep - 19 Breakfast Pizza Cereal with Toast & Jelly Grapes Fruit Juice Milk	Sep - 20 Apple Crumb Cake Parfait and Muffin Cereal with Yogurt Sliced Strawberries Fruit Juice Milk	Sep - 21 Breakfast Quesadilla Cereal Cinnamon Toast Apple Slices Fruit Juice Milk	Sep - 22 Cinnamon Roll Parfait and Muffin Cereal with Yogurt Banana Fruit Juice Milk	Sep - 23 Biscuit & Gravy Cereal Sausage Patty Applesauce Fruit Juice Milk
Sep - 26 Waffles Cereal with Toast & Jelly Grapes Fruit Juice Milk	Sep - 27 Cinn Banana Bread Parfait and Muffin Cereal with Yogurt Sliced Strawberries Fruit Juice Milk	Sep - 28 Chicken Biscuit Cereal with Cin. Toast Apple Slices Fruit Juice Milk	Sep - 29 Blueberry Sweet Roll Parfait and Muffin Cereal with Yogurt Banana Fruit Juice Milk	Sep - 30 Biscuit & Gravy Cereal Sausage Patty Applesauce Fruit Juice Milk

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.