

# OZARK

## High School Breakfast

Aug 30, 2022

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Monday	Tuesday	Wednesday	Thursday	Friday
			Sep - 1 Orange Sweet Roll Pancakes Cereal with Yogurt Banana Fruit Juice Milk	Sep - 2 Biscuit & Gravy Parfait and Muffin Cereal Sausage Patty Applesauce Fruit Juice Milk
Sep - 5 NO SCHOOL TODAY	Sep - 6 Cinn Streusel Cake Sausage Biscuit Cereal with Yogurt Sliced Strawberries Fruit Juice Milk	Sep - 7 Chicken Biscuit Parfait and Muffin Cereal with Cin. Toast Apple Slices Fruit Juice Milk	Sep - 8 Cherry Sweet Roll Breakfast Burrito Cereal with Yogurt Banana Fruit Juice Milk	Sep - 9 Biscuit & Gravy Parfait and Muffin Cereal Sausage Patty Applesauce Fruit Juice Milk
Sep - 12 Pancakes Parfait and Muffin Cereal with Toast & Jelly Grapes Fruit Juice Milk	Sep - 13 Blueberry Brkfst Cake Breakfast Nachos Cereal with Yogurt Sliced Strawberries Fruit Juice Milk	Sep - 14 Breakfast Burrito Parfait and Muffin Cereal Cinnamon Toast Apple Slices Fruit Juice Milk	Sep - 15 Smores Sweet Roll Waffles Cereal with Yogurt Banana Fruit Juice Milk	Sep - 16 Biscuit & Gravy Parfait and Muffin Cereal Sausage Patty Applesauce Fruit Juice Milk
Sep - 19 Breakfast Pizza Parfait and Muffin Cereal with Toast & Jelly Grapes Fruit Juice Milk	Sep - 20 Apple Crumb Cake Chicken Biscuit Cereal with Yogurt Sliced Strawberries Fruit Juice Milk	Sep - 21 Breakfast Quesadilla Parfait and Muffin Cereal Cinnamon Toast Apple Slices Fruit Juice Milk	Sep - 22 Cinnamon Roll Breakfast Cookie Cereal with Yogurt Banana Fruit Juice Milk	Sep - 23 Biscuit & Gravy Parfait and Muffin Cereal Sausage Patty Applesauce Fruit Juice Milk
Sep - 26 Waffles Parfait and Muffin Cereal with Toast & Jelly Grapes Fruit Juice Milk	Sep - 27 Cinn Banana Bread Waffles Cereal with Yogurt Sliced Strawberries Fruit Juice Milk	Sep - 28 Chicken Biscuit Parfait and Muffin Cereal with Cin. Toast Apple Slices Fruit Juice Milk	Sep - 29 Blueberry Sweet Roll Breakfast Nachos Cereal with Yogurt Banana Fruit Juice Milk	Sep - 30 Biscuit & Gravy Parfait and Muffin Cereal Sausage Patty Applesauce Fruit Juice Milk

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.