

# OZARK

## High School Breakfast

Dec 16, 2021

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Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 3  NO SCHOOL TODAY	Jan - 4  NO SCHOOL TODAY	Jan - 5  NO SCHOOL TODAY	Jan - 6  Breakfast Cookie French Toast Sticks Cereal with Yogurt Banana Fruit Juice Milk	Jan - 7  Biscuit & Gravy Parfait and Muffin Cereal Sausage Patty Sliced Strawberries Fruit Juice Milk
Jan - 10  Blueberry Brkfst Cake Parfait and Muffin Cereal with Toast & Jelly Grapes Fruit Juice Milk	Jan - 11  Strawberry Waffles Chocolate Chip Muffin Cereal with Yogurt Orange Wedges Fruit Juice Milk	Jan - 12  Chicken Biscuit Parfait and Muffin Cereal with Cin. Toast Apple Slices Fruit Juice Milk	Jan - 13  Cherry Sweet Roll Pancakes Cereal with Toast & Jelly Banana Fruit Juice Milk	Jan - 14  Biscuit & Gravy Parfait and Muffin Cereal Sausage Patty Applesauce Fruit Juice Milk
Jan - 17  NO SCHOOL TODAY	Jan - 18  Strawberry Muffin Chicken Biscuit Cereal with Toast & Jelly Grapes Fruit Juice Milk	Jan - 19  Colby Omelet Parfait and Muffin Cereal Cinnamon Toast Orange Wedges Fruit Juice Milk	Jan - 20  Cinnamon Roll Breakfast Burrito Cereal with Yogurt Banana Fruit Juice Milk	Jan - 21  Biscuit & Gravy Parfait and Muffin Cereal Sausage Patty Apple Fruit Juice Milk
Jan - 24  Breakfast Pizza Parfait and Muffin Cereal with Toast & Jelly Applesauce Fruit Juice Milk	Jan - 25  Apple Crumb Cake Sausage Biscuit Cereal with Yogurt Strawberry Blueberry Fruit Juice Milk	Jan - 26  Scrambled Eggs Parfait and Muffin Cereal Cinnamon Toast Orange Wedges Fruit Juice Milk	Jan - 27  Smores Sweet Roll Waffles Cereal with Toast & Jelly Pineapple Tidbits Fruit Juice Milk	Jan - 28  Biscuit & Gravy Parfait and Muffin Cereal Sausage Patty Apple Fruit Juice Milk
Jan - 31  Glazed Donut Parfait and Muffin Cereal with Toast & Jelly Grapes Fruit Juice Milk				

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**