

OZARK

High School Breakfast

Nov 22, 2021

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Monday	Tuesday	Wednesday	Thursday	Friday
		Dec - 1 Blueberry Crumb Cake Parfait and Muffin Cereal with Cin. Toast Applesauce Fruit Juice Milk	Dec - 2 Breakfast Cookie French Toast Sticks Cereal with Cheese Stick Banana Fruit Juice Milk	Dec - 3 Biscuit & Gravy Parfait and Muffin Cereal Sausage Patty Sliced Strawberries Fruit Juice Milk
Dec - 6 Cherry Frudel Parfait and Muffin Cereal with Toast & Jelly Grapes Fruit Juice Milk	Dec - 7 Strawberry Waffles Fruit Nachos Cereal with Yogurt Orange Wedges Fruit Juice Milk	Dec - 8 Pumpkin Pie Sweet Ro Parfait and Muffin Cereal with Cin. Toast Apple Fruit Juice Milk	Dec - 9 Breakfast Nachos Chocolate Chip Muffin Cereal with Cheese Stick Banana Fruit Juice Milk	Dec - 10 Biscuit & Gravy Parfait and Muffin Cereal Sausage Patty Applesauce Fruit Juice Milk
Dec - 13 Strawberry Muffin Parfait and Muffin Cereal with Toast & Jelly Pears Fruit Juice Milk	Dec - 14 Pancake on a Stick Breakfast Biscuit Cereal Yogurt Grapes Fruit Juice Milk	Dec - 15 Colby Omelet Parfait and Muffin Cereal Cinnamon Toast Orange Wedges Fruit Juice Milk	Dec - 16 Smores Sweet Roll Pancakes Cereal with Cheese Stick Banana Fruit Juice Milk	Dec - 17 Biscuit & Gravy Parfait and Muffin Cereal Sausage Patty Apple Fruit Juice Milk
Dec - 20 Breakfast Pizza Parfait and Muffin Cereal with Toast & Jelly Orange Wedges Fruit Juice Milk	Dec - 21 Apple Crumb Cake Chicken Biscuit Cereal with Yogurt Apple Fruit Juice Milk			

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.