

OZARK

High School Breakfast

Aug 12, 2021

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| Monday | Tuesday | Wednesday | Thursday | Friday |
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| | | Sep - 1 Scrambled Eggs Parfait and Muffin Cereal Cinnamon Toast Fresh Pear Fruit Juice Milk | Sep - 2 Cinnamon Roll Breakfast Pizza Cereal with Cheese Stick Grapes Fruit Juice Milk | Sep - 3 Biscuit & Gravy Parfait and Muffin Cereal Sausage Patty Fresh Strawberries Fruit Juice Milk |
| Sep - 6 NO SCHOOL TODAY | Sep - 7 Waffles Chicken Biscuit Cereal with Yogurt Orange Wedges Fruit Juice Milk | Sep - 8 Blueberry Sweet Roll Parfait and Muffin Cereal with Cin. Toast Fresh Peach Fruit Juice Milk | Sep - 9 Breakfast Nachos Pancake Bites Cereal with Cheese Stick Apple Fruit Juice Milk | Sep - 10 Biscuit & Gravy Parfait and Muffin Cereal Sausage Patty Fresh Plum Fruit Juice Milk |
| Sep - 13 Cherry Frudel Parfait and Muffin Cereal with Toast & Jelly Apple Fruit Juice Milk | Sep - 14 Mini Strawberry Panca Sausage Biscuit Cereal Yogurt Watermelon Fruit Juice Milk | Sep - 15 Colby Omelet Parfait and Muffin Cereal Cinnamon Toast Grapes Fruit Juice Milk | Sep - 16 Breakfast Cookie Breakfast Burrito Cereal with Cheese Stick Tropical Fruit Fruit Juice Milk | Sep - 17 Biscuit & Gravy Parfait and Muffin Cereal Sausage Patty Orange Wedges Fruit Juice Milk |
| Sep - 20 Chocolate Crescent Parfait and Muffin Cereal with Toast & Jelly Pears Fruit Juice Milk | Sep - 21 Apple Crumb Cake Monte Cristo Biscuit Cereal with Cin. Toast Orange Wedges Fruit Juice Milk | Sep - 22 Pancake on a Stick Parfait and Muffin Cereal Yogurt Grapes Fruit Juice Milk | Sep - 23 Glazed Donut Breakfast Pizza Cereal with Cheese Stick Banana Fruit Juice Milk | Sep - 24 Biscuit & Gravy Parfait and Muffin Cereal Sausage Patty Apple Fruit Juice Milk |
| Sep - 27 Apple Frudel Parfait and Muffin Cereal with Toast & Jelly Orange Wedges Fruit Juice Milk | Sep - 28 Blueberry Brkfst Cake Mini Maple Pancakes Cereal with Yogurt Apple Fruit Juice Milk | Sep - 29 Scrambled Eggs Parfait and Muffin Cereal Cinnamon Toast Fresh Pear Fruit Juice Milk | Sep - 30 Cinnamon Roll Grape Crescent Cereal with Cheese Stick Grapes Apple Juice Cup Milk | |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.