

OZARK

Jr High BREAKFAST

Aug 12, 2021

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Monday	Tuesday	Wednesday	Thursday	Friday
		Sep - 1 Scrambled Eggs Cereal Cinnamon Toast Fresh Pear Fruit Juice Milk	Sep - 2 Cinnamon Roll Cereal with Cheese Stick Grapes Fruit Juice Milk	Sep - 3 Biscuit & Gravy Cereal Sausage Patty Fresh Strawberries Fruit Juice Milk
Sep - 6 NO SCHOOL TODAY	Sep - 7 Waffles Cereal with Yogurt Orange Wedges Fruit Juice Milk	Sep - 8 Blueberry Sweet Roll Cereal with Cin. Toast Fresh Peach Fruit Juice Milk	Sep - 9 Breakfast Nachos Cereal with Cheese Stick Apple Fruit Juice Milk	Sep - 10 Biscuit & Gravy Cereal Sausage Patty Fresh Plum Fruit Juice Milk
Sep - 13 Cherry Frudel Cereal with Toast & Jelly Apple Fruit Juice Milk	Sep - 14 Mini Strawberry Panca Cereal Yogurt Watermelon Fruit Juice Milk	Sep - 15 Colby Omelet Cereal Cinnamon Toast Grapes Fruit Juice Milk	Sep - 16 Breakfast Cookie Cereal with Cheese Stick Tropical Fruit Fruit Juice Milk	Sep - 17 Biscuit & Gravy Cereal Sausage Patty Orange Wedges Fruit Juice Milk
Sep - 20 Chocolate Crescent Cereal with Toast & Jelly Pears Fruit Juice Milk	Sep - 21 Apple Crumb Cake Cereal with Cin. Toast Orange Wedges Fruit Juice Milk	Sep - 22 Pancake on a Stick Cereal Yogurt Grapes Fruit Juice Milk	Sep - 23 Glazed Donut Cereal with Cheese Stick Banana Fruit Juice Milk	Sep - 24 Biscuit & Gravy Cereal Sausage Patty Apple Fruit Juice Milk
Sep - 27 Apple Frudel Cereal with Toast & Jelly Orange Wedges Fruit Juice Milk	Sep - 28 Blueberry Brkfst Cake Cereal with Yogurt Apple Fruit Juice Milk	Sep - 29 Scrambled Eggs Cereal Cinnamon Toast Fresh Pear Fruit Juice Milk	Sep - 30 Cinnamon Roll Cereal with Cheese Stick Grapes Apple Juice Cup Milk	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.