

OZARK

High School Breakfast

Dec 21, 2020

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Monday	Tuesday	Wednesday	Thursday	Friday
				Jan - 1 NO SCHOOL TODAY
Jan - 4 NO SCHOOL TODAY	Jan - 5 Sausage Breakfast Piz French Toast Sticks Cereal Trix Yogurt Fruit Juice Milk	Jan - 6 Monte Cristo Biscuit Parfait and Muffin Cereal String Cheese Chilled Peaches Milk	Jan - 7 Soft Filled Cinnamon T Choc Chip Pancakes Cereal Trix Yogurt Fresh Apple Milk	Jan - 8 Biscuit & Gravy Parfait and Muffin Cereal Sausage Patty Fruit Juice Milk
Jan - 11 EggStravaganza Parfait and Muffin Cereal Toast w/Jelly Applesauce Milk	Jan - 12 Pancake on a Stick Chicken Biscuit Cereal String Cheese Grapes, Fresh Milk	Jan - 13 Soft Filled Cocoa Puff Parfait and Muffin Cereal Trix Yogurt Mixed Fruit Milk	Jan - 14 Waffle CINNAMON ROLL Cereal String Cheese Fruit Juice Milk	Jan - 15 Biscuit & Gravy Parfait and Muffin Cereal Sausage Patty Fruit Juice Milk
Jan - 18 NO SCHOOL TODAY	Jan - 19 Mini Cinnis Sausage Biscuit Cereal String Cheese Grapes, Fresh Milk	Jan - 20 Chicken Biscuit Parfait and Muffin Cereal Diced Pears Fruit Juice Milk	Jan - 21 Mini Strawberry Panca Bagel w/Egg Patty Cereal Orange Wedges Fruit Juice Milk	Jan - 22 Biscuit & Gravy Parfait and Muffin Cereal Sausage Patty Fruit Juice Milk
Jan - 25 Colby Omelet Parfait and Muffin Cereal Toast w/Jelly Sliced Strawberries Milk	Jan - 26 French Toast Sticks Sausage Breakfast Piz Cereal Trix Yogurt Fruit Juice Milk	Jan - 27 Sausage Biscuit Parfait and Muffin Cereal String Cheese Chilled Peaches Milk	Jan - 28 Cherry Frudel Pancakes w/Syrup Cereal Trix Yogurt Fresh Apple Milk	Jan - 29 Biscuit & Gravy Parfait and Muffin Cereal Sausage Patty Fruit Juice Milk

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.