

OZARK

High School Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
Feb - 3 Assorted Cereal Dutch Waffle Toast w/Jelly Yogurt Cheese Stick Pop Tart Fruit Juice Chilled Fruit Fresh Fruit Milk	Feb - 4 Assorted Cereal Pancakes w/Syrup Sausage Patty Toast w/Jelly Yogurt Cheese Stick Pop Tart Fruit Juice Chilled Fruit Fresh Fruit Milk	Feb - 5 Assorted Cereal Pancake Saus on a St Toast w/Jelly Yogurt Cheese Stick Pop Tart Fruit Juice Chilled Fruit Fresh Fruit Milk	Feb - 6 Assorted Cereal Cheesy Eggs English Muffin Yogurt Cheese Stick Pop Tart Fruit Juice Chilled Fruit Fresh Fruit Milk	Feb - 7 Assorted Cereal Biscuit & Gravy Toast w/Jelly Yogurt Cheese Stick Pop Tart Fruit Juice Chilled Fruit Fresh Fruit Milk
Feb - 10 Assorted Cereal Mini Cinni's Toast w/Jelly Yogurt Cheese Stick Pop Tart Fruit Juice Chilled Fruit Fresh Fruit Milk	Feb - 11 Assorted Cereal Waffle w/Sausage Toast w/Jelly Yogurt Cheese Stick Pop Tart Fruit Juice Chilled Fruit Fresh Fruit Milk	Feb - 12 Assorted Cereal Sausage Breakfast Piz Toast w/Jelly Yogurt Cheese Stick Pop Tart Fruit Juice Chilled Fruit Fresh Fruit Milk	Feb - 13 Assorted Cereal Sausage Egg & Chees Toast w/Jelly Yogurt Cheese Stick Pop Tart Fruit Juice Chilled Fruit Fresh Fruit Milk	Feb - 14 Assorted Cereal Biscuit & Gravy Toast w/Jelly Yogurt Cheese Stick Pop Tart Fruit Juice Chilled Fruit Fresh Fruit Milk
Feb - 17 Assorted Cereal Oatmeal w/Brn Sugar Toast w/Jelly Yogurt Raisins Cheese Stick Pop Tart Fruit Juice Chilled Fruit Fresh Fruit Milk	Feb - 18 Assorted Cereal French Toast Sticks Sausage Patty Toast w/Jelly Yogurt Cheese Stick Pop Tart Fruit Juice Chilled Fruit Fresh Fruit Milk	Feb - 19 Assorted Cereal Blueberry Bkfst Stick Toast w/Jelly Yogurt Cheese Stick Pop Tart Fruit Juice Chilled Fruit Fresh Fruit Milk	Feb - 20 Assorted Cereal Saus/Egg Cheese Muff Toast w/Jelly Yogurt Cheese Stick Pop Tart Fruit Juice Chilled Fruit Fresh Fruit Milk	Feb - 21 Assorted Cereal Biscuit & Gravy Toast w/Jelly Yogurt Cheese Stick Pop Tart Fruit Juice Chilled Fruit Fresh Fruit Milk
Feb - 24 Assorted Cereal Bacon Egg & Cheese Toast w/Jelly Yogurt Cheese Stick Pop Tart Fruit Juice Chilled Fruit Fresh Fruit Milk	Feb - 25 Assorted Cereal Cheesy Eggs Eggstravaganza Toast w/Jelly Yogurt Cheese Stick Pop Tart Fruit Juice Chilled Fruit Fresh Fruit Milk	Feb - 26 Assorted Cereal Apple Cinn Muffin Loaf Frittata, Egg, Cheese a Toast w/Jelly Yogurt Cheese Stick Pop Tart Fruit Juice Chilled Fruit Fresh Fruit Milk	Feb - 27 Assorted Cereal Chicken Biscuit Toast w/Jelly Yogurt Cheese Stick Pop Tart Fruit Juice Chilled Fruit Fresh Fruit Milk	Feb - 28 Assorted Cereal Biscuit & Gravy Toast w/Jelly Yogurt Cheese Stick Pop Tart Fruit Juice Chilled Fruit Fresh Fruit Milk

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.