

# OZARK

## Jr High BREAKFAST

Sep 26, 2019

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Monday	Tuesday	Wednesday	Thursday	Friday
	Oct - 1  Asst. Cold Cereal Berry Patch Smoothie Chocolate Mini Donuts Canned Fruit Yogurt - Variety Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Oct - 2  Asst. Cold Cereal Apple Pie Oats Fresh Apple Yogurt - Variety Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Oct - 3  Asst. Cold Cereal Pancake Bites Canned Fruit Yogurt - Variety Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Oct - 4  Asst. Cold Cereal Toast Canned Fruit String Cheese Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%
Oct - 7  Asst. Cold Cereal Cheesy Eggs English Muffin Canned Fruit Yogurt - Variety Juice Choice Chocolate Milk Strawberry Milk Milk, White 1% Grape Jelly	Oct - 8  Asst. Cold Cereal Pancake Wrap, Mini M Canned Fruit Yogurt - Variety Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Oct - 9  Asst. Cold Cereal Crescent - Grape Filled Orange Yogurt - Variety Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Oct - 10  Asst. Cold Cereal Oatmeal w/Brn Sugar Toast Canned Fruit Yogurt - Variety Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Oct - 11  Asst. Cold Cereal Cinnamon Toast Canned Fruit String Cheese Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%
Oct - 14  Asst. Cold Cereal Dutch Waffle Canned Fruit Yogurt - Variety Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Oct - 15  Asst. Cold Cereal Pancake Saus on a St Canned Fruit Yogurt - Variety Juice Choice Chocolate Milk Strawberry Milk Milk, White 1% Syrup	Oct - 16  Asst. Cold Cereal Ultimate Breakfast Rou Fresh Apple Yogurt - Variety Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Oct - 17  Asst. Cold Cereal Sausage Breakfast Piz Canned Fruit Yogurt - Variety Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Oct - 18  NO SCHOOL TODAY
Oct - 21  Asst. Cold Cereal Bacon & Egg Brkfst Bo Canned Fruit Yogurt - Variety Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Oct - 22  Asst. Cold Cereal Cheese Stuffed Sandw Canned Fruit Yogurt - Variety Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Oct - 23  Asst. Cold Cereal Choc Chip Muffin Loaf Orange Yogurt - Variety Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Oct - 24  Asst. Cold Cereal Yogurt Banana Splits Canned Fruit Yogurt - Variety Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Oct - 25  Asst. Cold Cereal Cinnamon Toast Canned Fruit String Cheese Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%
Oct - 28  Asst. Cold Cereal Mini Cinni's Canned Fruit Yogurt - Variety Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Oct - 29  Asst. Cold Cereal Breakfast Omelet Toast Yogurt - Variety Canned Fruit Juice Choice Chocolate Milk Strawberry Milk Milk, White 1% Grape Jelly	Oct - 30  Asst. Cold Cereal Blueberry Muffin Loaf Fresh Apple Yogurt - Variety Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Oct - 31  Asst. Cold Cereal Crescent - Chocolate F Canned Fruit Yogurt - Variety Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.