

OZARK

Ozark Junior High

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 2 HOLIDAY	Sep - 3 Chicken Wrap Cheeseburger Hot Ham/Chz on Bun Chef Salad Salad Steamed Broccoli Baby Carrots Raisins Sliced Strawberries Orange Fresh Apple Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Rasp Vinaigrette Dress Italian Dressing Catsup Mayonnaise Mustard	Sep - 4 Corn Dog Chicken Patty on Bun Domino's Cheese Pizz Domin's Pepperoni Piz Domino's Sausage Piz Chef Salad Salad Cauliflower, Fresh Raw Baby Carrots Raisins Juice Cup, Orange Pin Orange Fresh Apple Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Rasp Vinaigrette Dress Italian Dressing Catsup Mayonnaise Mustard	Sep - 5 Meatloaf with Cheese Ham Deli Sub Chef Salad Salad Mashed Potatoes Baby Carrots Raisins Dried Cherries Orange Fresh Apple Dinner Roll Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Rasp Vinaigrette Dress Italian Dressing Catsup Mayonnaise Mustard	Sep - 6 Turkey & Cheese Sand Grilled Chicken Sandwi Chicken Noodle Soup Chef Salad Pizza, Pepperoni WG Chz Crust Saus Pizza Crackers Salad Peas Baby Carrots Raisins Orange Fresh Apple Chilled Peaches Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Rasp Vinaigrette Dress Italian Dressing Catsup Mayonnaise Mustard
Sep - 9 Tangerine Chicken Teriyaki Beef Wonderb Domino's Cheese Pizz Domin's Pepperoni Piz Domino's Sausage Piz Chef Salad Salad Broccoli Long Grain Rice Baby Carrots Raisins Canned Fruit Orange Fresh Apple Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Rasp Vinaigrette Dress Italian Dressing Catsup	Sep - 10 Chicken Tenders Hamburger on Bun Hot Ham/Chz on Bun Chef Salad Salad French Fries Baby Carrots Raisins Blueberries Orange Fresh Apple Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Rasp Vinaigrette Dress Italian Dressing Catsup Mayonnaise Mustard BBQ Sauce	Sep - 11 Burrito w/Cheese Sauc BBQ Chicken on Bun Domino's Cheese Pizz Domin's Pepperoni Piz Domino's Sausage Piz Chef Salad Salad Mexican Beans Baby Carrots Raisins Blushing Applesauce Orange Fresh Apple Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Rasp Vinaigrette Dress Italian Dressing	Sep - 12 Spaghetti & Meatsauce Deli Sub Wicked Chicken Parm Chef Salad Salad Green Beans Baby Carrots Raisins Orange Fresh Apple Canned Fruit Breadstick Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard	Sep - 13 Cntry Frd Pork Stk/Bun Sloppy Joe on Bun Chef Salad Pizza, Pepperoni WG Chz Crust Saus Pizza Salad Carrots Baby Carrots Raisins Orange Fresh Apple Mixed Fruit JELLO Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Rasp Vinaigrette Dress Italian Dressing Catsup Mayonnaise Mustard

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

OZARK

Ozark Junior High

Aug 27, 2019

Page 2

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 16 Meatball Sub BBQ Chick MaxSnax Domino's Cheese Pizz Domin's Pepperoni Piz Domino's Sausage Piz Chef Salad Salad Baked Beans Baby Carrots Cantaloupe Raisins Sugar Cookie Orange Fresh Apple Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Rasp Vinaigrette Dress Italian Dressing Catsup Mayonnaise Mustard	Sep - 17 Beef Ravioli MaxWrap, Chili Chees Deli Sub Chef Salad Salad Spinach, Baby Carrots Raisins Red Tart Cherries Orange Fresh Apple Breadstick Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Rasp Vinaigrette Dress Italian Dressing Catsup Mayonnaise Mustard	Sep - 18 Mini Corn Dogs BBQ Ham on Bun Domino's Cheese Pizz Domin's Pepperoni Piz Domino's Sausage Piz Chef Salad Salad Celery Sticks Baby Carrots Raisins Blushing Pears Orange Fresh Apple Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Rasp Vinaigrette Dress Italian Dressing Catsup Mustard	Sep - 19 Country Fry Beef Steak Fish Patty Deli Sub Chef Salad Salad Cheesy Potatoes Baby Carrots Raisins Applesauce Orange Fresh Apple Dinner Roll Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Rasp Vinaigrette Dress Italian Dressing Catsup Mayonnaise Mustard Tartar Sauce	Sep - 20 FrenchToast Sticks w/ Grilled Chicken Sandwi Pizza, Pepperoni WG Chz Crust Saus Pizza Chef Salad Salad Sweet Potato Tots Baby Carrots Raisins Orange Fresh Apple Banana Hot Cinnamon Apples Chocolate Milk Strawberry Milk Milk, White 1% Syrup Ranch Dressing Honey Mustard Dressi Rasp Vinaigrette Dress Italian Dressing Catsup Mayonnaise Mustard
Sep - 23 Pizza Cheese Crunche Shrimp Poppers w/Stri Domino's Cheese Pizz Domin's Pepperoni Piz Domino's Sausage Piz Chef Salad Salad Mixed Vegs. Baby Carrots Raisins Watermelon Whl Fruit Orange Fresh Apple Chocolate Chip Cookie Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Rasp Vinaigrette Dress Italian Dressing Catsup	Sep - 24 Soft Chicken Taco Hamburger on Bun Hot Ham/Chz on Bun Chef Salad Salad Refried Beans Baby Carrots Raisins Chilled Peaches Orange Fresh Apple Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Rasp Vinaigrette Dress Italian Dressing Catsup Mayonnaise Mustard	Sep - 25 Mozz Chz Stx w/Sauce Fish Sticks Domino's Cheese Pizz Domin's Pepperoni Piz Domino's Sausage Piz Chef Salad Salad Broccoli Baby Carrots Raisins Diced Pears Orange Fresh Apple Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Rasp Vinaigrette Dress Italian Dressing Catsup Tartar Sauce	Sep - 26 Mozzarella Chicken Cheeseburger Deli Sub Chef Salad Salad Garlic Noodles Cucumber Baby Carrots Raisins Sour Strawberry Raisin Orange Fresh Apple Dinner Roll Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Rasp Vinaigrette Dress Italian Dressing Catsup Mayonnaise Mustard	Sep - 27 Biscuit & Gravy w/Sau Club Sub Sandwich Pizza, Pepperoni WG Chz Crust Saus Pizza Chef Salad Salad Tater Gems Baby Carrots Raisins Mandarin Oranges Orange Fresh Apple Banana Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

OZARK
Ozark Junior High

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 30 Chicken Quesadilla Cheeseburger on Bun Domino's Cheese Pizz Domin's Pepperoni Piz Domino's Sausage Piz Chef Salad Salad Vegetable Variety Baby Carrots Raisins Canned Fruit Orange Fresh Apple Chocolate Pudding Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Rasp Vinaigrette Dress Italian Dressing Catsup Mayonnaise Mustard				

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: *The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*