

OZARK HIGH SCHOOL LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 2 HOLIDAY	Sep - 3 Turkey Sub Sandwich Breaded Pork Patty Sd Sweet & Sour Chicken General Chicken Pizza - Variety Wrap - Variety Chef Salad Yogurt - Variety Baby Carrots Fresh Broccoli Salad Raisins Long Grain Rice Steamed Broccoli Fresh Fruit Canned Fruit Cheese Stick - Variety Lettuce, Shredded Tomatoes Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Sep - 4 MaxWrap, Chili Chees Hot Ham/Chz on Bun Spaghetti & Sauce - H Domino's Cheese Pizz Domin's Pepperoni Piz Domino's Sausage Piz Wrap - Variety Chef Salad Yogurt - Variety Baby Carrots Fresh Broccoli Salad Breadstick Raisins Seasoned Peas Fresh Fruit Canned Fruit Cheese Stick - Variety Lettuce, Shredded Tomatoes Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Sep - 5 Club Sub Sandwich Parmesan Chicken Sa Open Faced Hot Turke Pizza - Variety Wrap - Variety Chef Salad Yogurt - Variety Baby Carrots Fresh Broccoli Salad Mashed Potatoes Sweet Potatoes Raisins Fresh Fruit Canned Fruit Cheese Stick - Variety Lettuce, Shredded Tomatoes Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Sep - 6 Fish Sandwich Hamburger on Bun Cheezy Bread Pizza - Variety Wrap - Variety Chef Salad Yogurt - Variety Baby Carrots Fresh Broccoli Salad Cooked Carrots Fresh Fruit Canned Fruit Raisins Cheese Stick - Variety Lettuce, Shredded Tomatoes Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%
Sep - 9 Grilled Chicken Sandwi Chicken Patty on Bun Chili Mac Domino's Cheese Pizz Domin's Pepperoni Piz Domino's Sausage Piz Wrap - Variety Chef Salad Cornbread Yogurt - Variety Baby Carrots Fresh Broccoli Salad Raisins Lima Beans Fresh Fruit Canned Fruit Cheese Stick - Variety Lettuce, Shredded Tomatoes Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Sep - 10 Burrito Enchilada Style Breaded Pork Patty Sd Chicken Stir Fry Pizza - Variety Wrap - Variety Chef Salad Yogurt - Variety Baby Carrots Fresh Broccoli Salad Raisins Long Grain Rice Steamed Broccoli Fresh Fruit Canned Fruit Cheese Stick - Variety Lettuce, Shredded Tomatoes Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Sep - 11 Spicy Chicken on Bun Hot Ham/Chz on Bun Beef Ravioli Domino's Cheese Pizz Domin's Pepperoni Piz Domino's Sausage Piz Wrap - Variety Chef Salad Yogurt - Variety Baby Carrots Fresh Broccoli Salad Breadstick Green Beans Raisins Fresh Fruit Canned Fruit Cheese Stick - Variety Lettuce, Shredded Tomatoes Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Sep - 12 BBQ Chick MaxSnax Parmesan Chicken Sa Popcorn Chicken Bowl Pizza - Variety Wrap - Variety Chef Salad Yogurt - Variety Baby Carrots Fresh Broccoli Salad Mashed Potatoes Corn Green Beans Raisins Fresh Fruit Canned Fruit Dinner Roll Cheese Stick - Variety Lettuce, Shredded Tomatoes Juice Choice Chocolate Milk Strawberry Milk Milk, White 1% Brown Gravy	Sep - 13 Pork Rib Patty/Bun Hamburger on Bun Chicken Patty Sliders Pizza - Variety Wrap - Variety Chef Salad Yogurt - Variety Baby Carrots Fresh Broccoli Salad Seasoned Peas Raisins Fresh Fruit Canned Fruit Cheese Stick - Variety Lettuce, Shredded Tomatoes Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

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Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 16 Cheeseburger Chicken Patty on Bun Frito Pie Domino's Cheese Pizz Domin's Pepperoni Piz Domino's Sausage Piz Wrap - Variety Chef Salad Yogurt - Variety Baby Carrots Fresh Broccoli Salad Green Beans Raisins Fresh Fruit Canned Fruit Cheese Stick - Variety Lettuce, Shredded Tomatoes Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Sep - 17 Turkey Sub Sandwich Breaded Pork Patty Sd Sweet & Sour Chicken General Chicken Pizza - Variety Wrap - Variety Chef Salad Yogurt - Variety Salad Baby Carrots Fresh Broccoli Raisins Long Grain Rice Steamed Broccoli Fresh Fruit Canned Fruit Cheese Stick - Variety Lettuce, Shredded Tomatoes Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Sep - 18 Wicked Chicken Parm Hot Ham/Chz on Bun Chicken Parmesan Domino's Cheese Pizz Domin's Pepperoni Piz Domino's Sausage Piz Wrap - Variety Chef Salad Yogurt - Variety Baby Carrots Fresh Broccoli Salad Cooked Carrots Raisins Breadstick Fresh Fruit Canned Fruit Cheese Stick - Variety Lettuce, Shredded Tomatoes Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Sep - 19 Club Sub Sandwich Parmesan Chicken Sa Country Fry Beef Steak Wrap - Variety Chef Salad Yogurt - Variety Baby Carrots Fresh Broccoli Salad Mashed Potatoes Spinach, Dinner Roll Raisins Fresh Fruit Canned Fruit Cheese Stick - Variety Lettuce, Shredded Tomatoes Juice Choice Chocolate Milk Strawberry Milk Milk, White 1% Brown Gravy	Sep - 20 Chicken Quesadilla Hamburger on Bun BBQ Pork Sandwich BBQ Chicken on Bun Wrap - Variety Chef Salad Yogurt - Variety Cottage Cheese Salad Baby Carrots and Cher Raisins Baked Beans Fresh Fruit Canned Fruit Cheese Stick - Variety Lettuce, Shredded Tomatoes Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%
Sep - 23 Grilled Chicken Sandwi Chicken Patty on Bun Beef Nachos w/Chees Chicken Nachos w/Ch Domino's Cheese Pizz Domin's Pepperoni Piz Domino's Sausage Piz Wrap - Variety Chef Salad Yogurt - Variety Salad Baby Carrots Fresh Broccoli Raisins Refried Beans Fresh Fruit Canned Fruit Cheese Stick - Variety Lettuce, Shredded Tomatoes Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Sep - 24 Hot Dog on Bun Breaded Pork Patty Sd Sweet & Sour Chicken General Chicken Pizza - Variety Wrap - Variety Chef Salad Yogurt - Variety Salad Baby Carrots Fresh Broccoli Raisins Long Grain Rice Steamed Broccoli Fresh Fruit Canned Fruit Cheese Stick - Variety Lettuce, Shredded Tomatoes Onions Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Sep - 25 Spicy Chicken on Bun Hot Ham/Chz on Bun Chicken Alfredo Domino's Cheese Pizz Domin's Pepperoni Piz Domino's Sausage Piz Wrap - Variety Chef Salad Yogurt - Variety Baby Carrots Fresh Broccoli Salad Breadstick Raisins Seasoned Peas Fresh Fruit Canned Fruit Cheese Stick - Variety Lettuce, Shredded Tomatoes Onions Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Sep - 26 Italian Sub Sandwich Parmesan Chicken Sa FrenchToast Sticks w/ Wrap - Variety Chef Salad Yogurt - Variety Baby Carrots Fresh Broccoli Salad Raisins Tater Gems Fresh Fruit Canned Fruit Cheese Stick - Variety Lettuce, Shredded Tomatoes Onions Juice Choice Chocolate Milk Strawberry Milk Milk, White 1% Syrup	Sep - 27 Pork Rib Patty/Bun Hamburger on Bun Chicken Tenders Pizza - Variety Wrap - Variety Chef Salad Yogurt - Variety Baby Carrots Fresh Broccoli Salad French Fries Cooked Carrots Raisins Fresh Fruit Canned Fruit Cheese Stick - Variety Lettuce, Shredded Tomatoes Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%

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Sep - 30 Cheeseburger Chicken Patty on Bun Walking Taco Domino's Cheese Pizz Domin's Pepperoni Piz Domino's Sausage Piz Wrap - Variety Chef Salad Yogurt - Variety Baby Carrots Fresh Broccoli Salad Raisins Mexican Beans Fresh Fruit Canned Fruit Cheese Stick - Variety Lettuce, Shredded Tomatoes Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%				

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