

OZARK

High School Breakfast

May 1, 2019

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Monday	Tuesday	Wednesday	Thursday	Friday
		May - 1 Asst. Cold Cereal Sausage Breakfast Piz Toast Yogurt - Variety Raisins Cheese Stick - Variety Brwn Sugar/Cinn Pop Strawberry Pop Tart Juice Choice Canned Fruit Fresh Fruit Chocolate Milk Strawberry Milk Milk, White 1%	May - 2 Asst. Cold Cereal Sausage Egg & Chees Toast Yogurt - Variety Raisins Cheese Stick - Variety Brwn Sugar/Cinn Pop Strawberry Pop Tart Juice Choice Canned Fruit Fresh Fruit Chocolate Milk Strawberry Milk Milk, White 1%	May - 3 Asst. Cold Cereal Biscuit & Gravy Toast Yogurt - Variety Raisins Cheese Stick - Variety Brwn Sugar/Cinn Pop Strawberry Pop Tart Juice Choice Canned Fruit Fresh Fruit Chocolate Milk Strawberry Milk Milk, White 1%
May - 6 Asst. Cold Cereal Oatmeal w/Brn Sugar Toast Yogurt - Variety Raisins Cheese Stick - Variety Brwn Sugar/Cinn Pop Strawberry Pop Tart Juice Choice Canned Fruit Fresh Fruit Chocolate Milk Strawberry Milk Milk, White 1%	May - 7 Asst. Cold Cereal French Toast Sticks Sausage Patty Toast Yogurt - Variety Raisins Cheese Stick - Variety Brwn Sugar/Cinn Pop Strawberry Pop Tart Juice Choice Canned Fruit Fresh Fruit Chocolate Milk Strawberry Milk Milk, White 1%	May - 8 Asst. Cold Cereal Blueberry Bkfst Stick Toast Yogurt - Variety Raisins Cheese Stick - Variety Brwn Sugar/Cinn Pop Strawberry Pop Tart Juice Choice Canned Fruit Fresh Fruit Chocolate Milk Strawberry Milk Milk, White 1% Syrup	May - 9 Asst. Cold Cereal Sausage Egg & Chees Toast Yogurt - Variety Raisins Cheese Stick - Variety Brwn Sugar/Cinn Pop Strawberry Pop Tart Juice Choice Canned Fruit Fresh Fruit Chocolate Milk Strawberry Milk Milk, White 1%	May - 10 Asst. Cold Cereal Biscuit & Gravy Toast Yogurt - Variety Raisins Cheese Stick - Variety Brwn Sugar/Cinn Pop Strawberry Pop Tart Juice Choice Canned Fruit Fresh Fruit Chocolate Milk Strawberry Milk Milk, White 1%
May - 13 Asst. Cold Cereal Bacon Egg & Cheese Toast Yogurt - Variety Raisins Cheese Stick - Variety Brwn Sugar/Cinn Pop Strawberry Pop Tart Juice Choice Canned Fruit Fresh Fruit Chocolate Milk Strawberry Milk Milk, White 1%	May - 14 Asst. Cold Cereal Cheesy Eggs Eggstravaganza Toast Yogurt - Variety Raisins Cheese Stick - Variety Brwn Sugar/Cinn Pop Strawberry Pop Tart Juice Choice Canned Fruit Fresh Fruit Chocolate Milk Strawberry Milk Milk, White 1%	May - 15 Asst. Cold Cereal Apple Cinn Muffin Loaf Frittata, Egg, Cheese a Toast Yogurt - Variety Raisins Cheese Stick - Variety Brwn Sugar/Cinn Pop Strawberry Pop Tart Juice Choice Canned Fruit Fresh Fruit Chocolate Milk Strawberry Milk Milk, White 1%	May - 16 Asst. Cold Cereal Chicken & Biscuit Toast Yogurt - Variety Raisins Cheese Stick - Variety Brwn Sugar/Cinn Pop Strawberry Pop Tart Juice Choice Canned Fruit Fresh Fruit Chocolate Milk Strawberry Milk Milk, White 1%	May - 17 Asst. Cold Cereal Biscuit & Gravy Toast Yogurt - Variety Raisins Cheese Stick - Variety Brwn Sugar/Cinn Pop Strawberry Pop Tart Juice Choice Canned Fruit Fresh Fruit Chocolate Milk Strawberry Milk Milk, White 1%

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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May - 20 Asst. Cold Cereal Dutch Waffle Toast Yogurt - Variety Raisins Cheese Stick - Variety Brwn Sugar/Cinn Pop Strawberry Pop Tart Juice Choice Canned Fruit Fresh Fruit Chocolate Milk Strawberry Milk Milk, White 1%	May - 21 Asst. Cold Cereal Waffle w/Sausage Toast Yogurt - Variety Raisins Cheese Stick - Variety Brwn Sugar/Cinn Pop Strawberry Pop Tart Juice Choice Canned Fruit Fresh Fruit Chocolate Milk Strawberry Milk Milk, White 1% Syrup	May - 22 Asst. Cold Cereal Sausage Breakfast Piz Toast Yogurt - Variety Raisins Cheese Stick - Variety Brwn Sugar/Cinn Pop Strawberry Pop Tart Juice Choice Canned Fruit Fresh Fruit Chocolate Milk Strawberry Milk Milk, White 1% Syrup	May - 23	May - 24
May - 27	May - 28	May - 29 Menus Subject to Change	May - 30	May - 31

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** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

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