


| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|---|--|
|   |   |   |  | Asst. Cold Cereal Toast Canned Fruit Juice Choice Milk |

NATIONAL SCHOOL BREAKFAST WEEK

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|--|----|---|----|--|----|--|----|---|----|
| Asst. Cold Cereal Waffle Canned Fruit Juice Choice Milk | 4 | Asst. Cold Cereal Scrambled Eggs Bagel, WG Canned Fruit Juice Choice Milk | 5 | Asst. Cold Cereal Choc Chip Muffin Loaf Fresh Apple Juice Choice Milk | 6 | Asst. Cold Cereal Bacon & Egg Breakfast Boat Canned Fruit Juice Choice Milk | 7 | Asst. Cold Cereal Cinnamon Toast Canned Fruit Juice Choice Milk | 8 |
| <i>Spring Break</i> | 11 | <i>Spring Break</i> | 12 | <i>Spring Break</i> | 13 | <i>Spring Break</i> | 14 | <i>Spring Break</i> | 15 |
|  | |  | |  | |  | |  | |
| Asst. Cold Cereal Cheese Stuffed Sandwich Canned Fruit Juice Choice Milk | 18 | Asst. Cold Cereal Crescent - Grape Filled Canned Fruit Juice Choice Milk | 19 | Asst. Cold Cereal WG Blueberry Muffin Orange Juice Choice Milk | 20 | Asst. Cold Cereal Pancake Bites Canned Fruit Juice Choice Milk | 21 | Asst. Cold Cereal Toast Canned Fruit Juice Choice Milk | 22 |
| Asst. Cold Cereal Breakfast Omelet Toast Canned Fruit Juice Choice Milk | 25 | Asst. Cold Cereal Egg Pops Honey Graham Cracker Canned Fruit Juice Choice Milk | 26 | Asst. Cold Cereal Orange Blossom Muffin Fresh Apple Juice Choice Milk | 27 | Asst. Cold Cereal Chicken & Biscuit Canned Fruit Juice Choice Milk | 28 | Asst. Cold Cereal Cinnamon Toast Canned Fruit Juice Choice Milk | 29 |

Children who eat school breakfast are more likely to:

- Reach higher levels of achievement in reading and math
- Have better concentration
- Be more alert
- Retain more of what they learn
- Participate in class
- Maintain a healthy weight
- Drink more milk and eat more fruit daily

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 This institution is an equal opportunity provider.
 This menu is subject to change.
 Visiting adults cannot charge a meal to their student account. Please have cash when paying. Adult meals are \$3.10. Correct change is encouraged.

Eating School breakfast is associated with:

- Reduced absenteeism
- Reduced tardiness
- Reduced behavioral problems
- Reduced nurse's office visits
- Increased standardized test achievement scores
- Higher grades
- Positive learning environments