

OZARK

Ozark Junior High

Monday	Tuesday	Wednesday	Thursday	Friday
				Mar - 1 Hamburger on Bun Chicken Wrap Pizza, Pepperoni WG Pizza, Cheese WG Chef Salad Salad Pork & Beans Baby Carrots Raisins Banana Orange Fresh Apple Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard
Mar - 4 Spaghetti & Meatsauce Beef Ravioli Domino's Cheese Pizz Domin's Pepperoni Piz Domino's Sausage Piz Chef Salad Salad Steamed Broccoli Breadstick Baby Carrots Raisins Applesauce Orange Fresh Apple Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard	Mar - 5 Grilled Chicken Sandwi Chicken Nuggets Cheeseburger Chef Salad Salad Lima Beans Baby Carrots Raisins Apricot Halves Orange Fresh Apple Chocolate Milk Strawberry Milk Milk, White 1% Dressing Variety Mustard & Catsup Salsa Mayonnaise	Mar - 6 Sweet & Sour Chicken Teriyaki Chicken Dippe Domino's Cheese Pizz Domin's Pepperoni Piz Domino's Sausage Piz Chef Salad Salad Stir Fry, Sugar Snap P Steamed Rice Baby Carrots Raisins Chilled Peaches Orange Fresh Apple Chocolate Chip Cookie Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard	Mar - 7 Cntry Frd Pork Steak Meatloaf with Cheese Deli Sub Chef Salad Salad Mashed Potatoes Baby Carrots Raisins Canned Fruit Orange Fresh Apple Dinner Roll Chocolate Milk Strawberry Milk Milk, White 1% Brown Gravy Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard BBQ Sauce	Mar - 8 FrenchToast Sticks w/ Hot Ham/Chz on Bun Pizza, Pepperoni WG Pizza, Cheese WG Chef Salad Salad Sweet Potato Tots Baby Carrots Raisins Orange Fresh Apple Banana Hot Cinnamon Apples Chocolate Milk Strawberry Milk Milk, White 1% Dressing Variety Mustard & Catsup Syrup Mayonnaise
Mar - 11 SPRING BREAK	Mar - 12 SPRING BREAK	Mar - 13 SPRING BREAK	Mar - 14 SPRING BREAK	Mar - 15 SPRING BREAK

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

OZARK

Ozark Junior High

Feb 27, 2019

Page 2

Monday	Tuesday	Wednesday	Thursday	Friday
Mar - 18 Cntry Frd Pork Stk/Bun Mac/Chz w/Smokies Domino's Cheese Pizz Domin's Pepperoni Piz Domino's Sausage Piz Chef Salad Salad Green Beans Baby Carrots Raisins Mixed Fruit Orange Fresh Apple Lime Sherbet Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard	Mar - 19 Fish Sandwich Chicken Patty on Bun Cheeseburger Chef Salad Salad Broccoli Baby Carrots Raisins Canned Fruit Orange Fresh Apple Chocolate Milk Strawberry Milk Milk, White 1% Dressing Variety Mustard & Catsup Salsa Mayonnaise	Mar - 20 BBQ Pulled Pork Sand Deli Sub Domino's Cheese Pizz Domin's Pepperoni Piz Domino's Sausage Piz Chef Salad Salad Baked Beans Baby Carrots Raisins Blushing Applesauce Orange Fresh Apple Sugar Cookie Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard	Mar - 21 Chicken Tenders Country Fry Beef Steak Tuna Sandwich Chef Salad Salad Mashed Potatoes Baby Carrots Raisins Canned Fruit Orange Fresh Apple Dinner Roll Chocolate Milk Strawberry Milk Milk, White 1% Brown Gravy Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard BBQ Sauce	Mar - 22 Frito Pie Chili Dog on Bun Pizza, Pepperoni WG Pizza, Cheese WG Chef Salad Salad Seasoned Peas Baby Carrots Raisins Orange Fresh Apple Banana Strawberry Cups Chocolate Milk Strawberry Milk Milk, White 1% Dressing Variety Mustard & Catsup Syrup Mayonnaise
Mar - 25 Ham & Cheese Sandwi Grilled Cheese Sandwi Chicken Noodle Soup Domino's Cheese Pizz Domin's Pepperoni Piz Domino's Sausage Piz Chef Salad Crackers Salad Celery Sticks Baby Carrots Raisins Watermelon Whl Fruit Orange Fresh Apple Lime Sherbet Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard	Mar - 26 Ham & Cheese Stromb Meatball Sub Hot Dog on Bun Chef Salad Salad Corn Baby Carrots Raisins Dried Cherries Orange Fresh Apple Chocolate Milk Strawberry Milk Milk, White 1% Dressing Variety Mustard & Catsup Salsa Mayonnaise	Mar - 27 Corn Dog Pork Rib Patty/Bun Domino's Cheese Pizz Domin's Pepperoni Piz Domino's Sausage Piz Chef Salad Salad Baked Beans Baby Carrots Raisins Blushing Applesauce Orange Fresh Apple Banana Pudding Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard	Mar - 28 Popcorn Chicken Turkey Pot Roast Hamburger on Bun Chef Salad Salad Mashed Potatoes Baby Carrots Raisins Sour Watermelon Raisi Orange Fresh Apple Dinner Roll Chocolate Milk Strawberry Milk Milk, White 1% Brown Gravy Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard BBQ Sauce	Mar - 29 Burrito w/Cheese Sauc BBQ Chicken on Bun Pizza, Pepperoni WG Pizza, Cheese WG Chef Salad Salad Mexican Beans Baby Carrots Raisins Orange Fresh Apple Banana Mandarin Oranges Chocolate Milk Strawberry Milk Milk, White 1% Dressing Variety Mustard & Catsup Syrup Mayonnaise

Menus Subject to Change

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.