

OZARK

Jr High BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
				Feb - 1 Asst. Cold Cereal Cinnamon Toast Canned Fruit String Cheese Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%
Feb - 4 Asst. Cold Cereal Biscuit & Gravy Canned Fruit Yogurt - Variety Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Feb - 5 Asst. Cold Cereal Eggstravaganza Canned Fruit Yogurt - Variety Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Feb - 6 Asst. Cold Cereal Apple Cinn Muffin Loaf Fresh Apple Yogurt - Variety Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Feb - 7 Asst. Cold Cereal Pretzel Rods with Che Canned Fruit Yogurt - Variety Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Feb - 8 Asst. Cold Cereal Toast Canned Fruit String Cheese Juice Choice Chocolate Milk Strawberry Milk Milk, White 1% Grape Jelly
Feb - 11 Asst. Cold Cereal Pancakes WG Canned Fruit Yogurt - Variety Juice Choice Chocolate Milk Strawberry Milk Milk, White 1% Syrup	Feb - 12 Asst. Cold Cereal Ham & Chz Biscuit Canned Fruit Yogurt - Variety Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Feb - 13 Asst. Cold Cereal Twin Bar, WG Orange Yogurt - Variety Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Feb - 14 Asst. Cold Cereal Cheesy Eggs English Muffin Canned Fruit Yogurt - Variety Juice Choice Chocolate Milk Strawberry Milk Milk, White 1% Grape Jelly	Feb - 15 Asst. Cold Cereal Cinnamon Toast Canned Fruit String Cheese Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%
Feb - 18 Asst. Cold Cereal Apple Cinnamon Bar Orange Yogurt - Variety Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Feb - 19 Asst. Cold Cereal Pancake Wrap, Mini M Canned Fruit Yogurt - Variety Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Feb - 20 Asst. Cold Cereal Blueberry Muffin Loaf Fresh Apple Yogurt - Variety Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Feb - 21 Asst. Cold Cereal Oatmeal w/Brn Sugar Cinnamon Toast Canned Fruit Yogurt - Variety Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Feb - 22 Asst. Cold Cereal Toast Canned Fruit String Cheese Juice Choice Chocolate Milk Strawberry Milk Milk, White 1% Grape Jelly
Feb - 25 Asst. Cold Cereal Dutch Waffle Canned Fruit Yogurt - Variety Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Feb - 26 Asst. Cold Cereal Pancake Saus on a St Canned Fruit Yogurt - Variety Juice Choice Chocolate Milk Strawberry Milk Milk, White 1% Syrup	Feb - 27 Asst. Cold Cereal Ultimate Breakfast Rou Orange Yogurt - Variety Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Feb - 28 Asst. Cold Cereal Sausage Breakfast Piz Canned Fruit Yogurt - Variety Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	

Menus Subject to Change

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.