

OZARK

High School Breakfast

Feb 4, 2019

Page 1

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|---|--|
| | | | | Feb - 1 Asst. Cold Cereal Biscuit & Gravy Toast Yogurt - Variety Raisins Cheese Stick - Variety Brwn Sugar/Cinn Pop Strawberry Pop Tart Juice Choice Canned Fruit Fresh Fruit Chocolate Milk Strawberry Milk Milk, White 1% |
| Feb - 4 Asst. Cold Cereal Oatmeal w/Brn Sugar Toast Yogurt - Variety Raisins Cheese Stick - Variety Brwn Sugar/Cinn Pop Strawberry Pop Tart Juice Choice Canned Fruit Fresh Fruit Chocolate Milk Strawberry Milk Milk, White 1% | Feb - 5 Asst. Cold Cereal French Toast Sticks Sausage Patty Toast Yogurt - Variety Raisins Cheese Stick - Variety Brwn Sugar/Cinn Pop Strawberry Pop Tart Juice Choice Canned Fruit Fresh Fruit Chocolate Milk Strawberry Milk Milk, White 1% | Feb - 6 Asst. Cold Cereal Blueberry Bkfst Stick Toast Yogurt - Variety Raisins Cheese Stick - Variety Brwn Sugar/Cinn Pop Strawberry Pop Tart Juice Choice Canned Fruit Fresh Fruit Chocolate Milk Strawberry Milk Milk, White 1% Syrup | Feb - 7 Asst. Cold Cereal Sausage Egg & Chees Toast Yogurt - Variety Raisins Cheese Stick - Variety Brwn Sugar/Cinn Pop Strawberry Pop Tart Juice Choice Canned Fruit Fresh Fruit Chocolate Milk Strawberry Milk Milk, White 1% | Feb - 8 Asst. Cold Cereal Biscuit & Gravy Toast Yogurt - Variety Raisins Cheese Stick - Variety Brwn Sugar/Cinn Pop Strawberry Pop Tart Juice Choice Canned Fruit Fresh Fruit Chocolate Milk Strawberry Milk Milk, White 1% |
| Feb - 11 Asst. Cold Cereal Bacon Egg & Cheese Toast Yogurt - Variety Raisins Cheese Stick - Variety Brwn Sugar/Cinn Pop Strawberry Pop Tart Juice Choice Canned Fruit Fresh Fruit Chocolate Milk Strawberry Milk Milk, White 1% | Feb - 12 Asst. Cold Cereal Cheesy Eggs Eggstravaganza Toast Yogurt - Variety Raisins Cheese Stick - Variety Brwn Sugar/Cinn Pop Strawberry Pop Tart Juice Choice Canned Fruit Fresh Fruit Chocolate Milk Strawberry Milk Milk, White 1% | Feb - 13 Asst. Cold Cereal Apple Cinn Muffin Loaf Frittata, Egg, Cheese a Toast Yogurt - Variety Raisins Cheese Stick - Variety Brwn Sugar/Cinn Pop Strawberry Pop Tart Juice Choice Canned Fruit Fresh Fruit Chocolate Milk Strawberry Milk Milk, White 1% | Feb - 14 Asst. Cold Cereal Chicken & Biscuit Toast Yogurt - Variety Raisins Cheese Stick - Variety Brwn Sugar/Cinn Pop Strawberry Pop Tart Juice Choice Canned Fruit Fresh Fruit Chocolate Milk Strawberry Milk Milk, White 1% | Feb - 15 Asst. Cold Cereal Biscuit & Gravy Toast Yogurt - Variety Raisins Cheese Stick - Variety Brwn Sugar/Cinn Pop Strawberry Pop Tart Juice Choice Canned Fruit Fresh Fruit Chocolate Milk Strawberry Milk Milk, White 1% |

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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|---|--|--|---|--|
| Feb - 18 Asst. Cold Cereal Dutch Waffle Toast Yogurt - Variety Raisins Cheese Stick - Variety Brwn Sugar/Cinn Pop Strawberry Pop Tart Juice Choice Canned Fruit Fresh Fruit Chocolate Milk Strawberry Milk Milk, White 1% | Feb - 19 Asst. Cold Cereal Pancakes WG Sausage Patty Toast Yogurt - Variety Raisins Cheese Stick - Variety Brwn Sugar/Cinn Pop Strawberry Pop Tart Juice Choice Canned Fruit Fresh Fruit Chocolate Milk Strawberry Milk Milk, White 1% Syrup | Feb - 20 Asst. Cold Cereal Pancake Saus on a St Toast Yogurt - Variety Raisins Cheese Stick - Variety Brwn Sugar/Cinn Pop Strawberry Pop Tart Juice Choice Canned Fruit Fresh Fruit Chocolate Milk Strawberry Milk Milk, White 1% Syrup | Feb - 21 Asst. Cold Cereal Cheesy Eggs English Muffin Yogurt - Variety Raisins Cheese Stick - Variety Brwn Sugar/Cinn Pop Strawberry Pop Tart Juice Choice Canned Fruit Fresh Fruit Chocolate Milk Strawberry Milk Milk, White 1% | Feb - 22 Asst. Cold Cereal Biscuit & Gravy Toast Yogurt - Variety Raisins Cheese Stick - Variety Brwn Sugar/Cinn Pop Strawberry Pop Tart Juice Choice Canned Fruit Fresh Fruit Chocolate Milk Strawberry Milk Milk, White 1% |
| Feb - 25 Asst. Cold Cereal Mini Cinni's Toast Yogurt - Variety Raisins Cheese Stick - Variety Brwn Sugar/Cinn Pop Strawberry Pop Tart Juice Choice Canned Fruit Fresh Fruit Chocolate Milk Strawberry Milk Milk, White 1% | Feb - 26 Asst. Cold Cereal Waffle w/Sausage Toast Yogurt - Variety Raisins Cheese Stick - Variety Brwn Sugar/Cinn Pop Strawberry Pop Tart Juice Choice Canned Fruit Fresh Fruit Chocolate Milk Strawberry Milk Milk, White 1% | Feb - 27 Asst. Cold Cereal Sausage Breakfast Piz Toast Yogurt - Variety Raisins Cheese Stick - Variety Brwn Sugar/Cinn Pop Strawberry Pop Tart Juice Choice Canned Fruit Fresh Fruit Chocolate Milk Strawberry Milk Milk, White 1% | Feb - 28 Asst. Cold Cereal Sausage Egg & Chees Toast Yogurt - Variety Raisins Cheese Stick - Variety Brwn Sugar/Cinn Pop Strawberry Pop Tart Juice Choice Canned Fruit Fresh Fruit Chocolate Milk Strawberry Milk Milk, White 1% | |

Menus Subject to Change

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

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