

OZARK

6-7 Middle School

Nov 7, 2018

Page 1

Monday	Tuesday	Wednesday	Thursday	Friday
Dec - 3 Tangerine Chicken Teriyaki Beef Wonderb Cheeseburger on Bun Steamed Broccoli Steamed Rice GRAPES,Fresh Chocolate Milk Strawberry Milk Milk, White 1% Mustard Catsup	Dec - 4 Chili w/Beans Chicken Taquito Grilled Chicken Sandwi Super Star Corn Bread Celery Sticks Blueberries Chocolate Milk Milk, White 1% Strawberry Milk Ranch Dressing Mayonnaise Catsup	Dec - 5 Ham & Cheese Roll Up Nachos w/Cheese Fish Nuggets Baby Carrots Blushing Pears Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Tartar Sauce	Dec - 6 Cntry Frd Pork Steak Chicken Nuggets Meatloaf with Cheese Mashed Potatoes Sour Watermelon Raisi Dinner Roll Chocolate Milk Strawberry Milk Milk, White 1% Brown Gravy Catsup BBQ Sauce	Dec - 7 Soft Beef Taco Meatball Sub Tuna Sandwich Black-Eyed Peas Banana JELLO Chocolate Milk Strawberry Milk Milk, White 1% Salsa
Dec - 10 Chicken Tenders Ham & Cheese Sandwi Mini Cheese Calzone Baked Beans Mandarin Oranges Banana Pudding Chocolate Milk Strawberry Milk Milk, White 1% Catsup BBQ Sauce Mustard Mayonnaise	Dec - 11 Hot Dog on Bun Chicken Burrito Hamburger on Bun French Fries Diced Pears Chocolate Milk Strawberry Milk Milk, White 1% Catsup Mustard Salsa	Dec - 12 Bkd Potato w/Chili Teriyaki Chicken Dippe Chili Dog on Bun Mixed Vegetables Juice Cup, Orange Pin Mini Cinnamon Roll Chocolate Milk Strawberry Milk Milk, White 1%	Dec - 13 Chicken Patty Turkey Pot Roast Ham & Cheese Stromb Mashed Sweet Potatoe Raisins Dinner Roll Chocolate Milk Strawberry Milk Milk, White 1% Catsup	Dec - 14 Cheese Pizza Grilled Cheese Sandwi Turkey Sub Sandwich - Salad Fresh Apple Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing
Dec - 17 Walking Taco Pork Rib Patty/Bun Fish Sandwich Green Beans Tropical Fruit Salad Chocolate Chip Cookie Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Salsa Tartar Sauce	Dec - 18 Cheezy Bread Chicken Wrap Hot Ham/Chz on Bun Fresh Broccoli Pineapple Tidbits Jurassic World Graha Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing	Dec - 19 Deli Sub Sandwich Chicken Nuggets Meatball Sub Pork & Beans Apricot Halves Chocolate Milk Strawberry Milk Milk, White 1% Catsup Mustard BBQ Sauce	Dec - 20 Ham Turkey, Bnls Brst & Thi Scalloped Potatoes California Blend Veget Sliced Strawberries Ice Cream Cup Dinner Roll Chocolate Milk Milk, White 1% Strawberry Milk Brown Gravy	Dec - 21 CHRISTMAS BREAK
Dec - 24 CHRISTMAS BREAK	Dec - 25 CHRISTMAS BREAK	Dec - 26 CHRISTMAS BREAK	Dec - 27 CHRISTMAS BREAK	Dec - 28 CHRISTMAS BREAK
Dec - 31 CHRISTMAS BREAK				

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.