

OZARK

Ozark Junior High

Nov 15, 2018

Page 1

Monday	Tuesday	Wednesday	Thursday	Friday
Dec - 3 Tangerine Chicken Teriyaki Beef Wonderb Domino's Cheese Pizz Domin's Pepperoni Piz Domino's Sausage Piz Chef Salad Salad Steamed Broccoli Long Grain Rice Baby Carrots Raisins GRAPES,Fresh Orange Fresh Apple Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard	Dec - 4 Chili w/Beans Hamburger on Bun Deli Sub Chef Salad Salad Super Star Corn Bread Celery Sticks Baby Carrots Raisins Blueberries Orange Fresh Apple Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard	Dec - 5 Ham & Cheese Roll Up Chicken Patty on Bun Domino's Cheese Pizz Domin's Pepperoni Piz Domino's Sausage Piz Chef Salad Salad Broccoli Baby Carrots Raisins Blushing Pears Orange Fresh Apple Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard	Dec - 6 Cntry Frd Pork Steak Chicken Nuggets Deli Sub Chef Salad Salad Mashed Potatoes Baby Carrots Raisins Sour Watermelon Raisi Orange Fresh Apple Dinner Roll Chocolate Milk Strawberry Milk Milk, White 1% Brown Gravy Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard BBQ Sauce	Dec - 7 Soft Beef Taco Tuna Sandwich Pizza, Pepperoni Stfd Chz Crust Saus Pizza Chef Salad Salad BLACK-EYED PEAS Baby Carrots Raisins Orange Fresh Apple Banana JELLO Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard
Dec - 10 Chicken Tenders Hot Ham/Chz on Bun Domino's Cheese Pizz Domin's Pepperoni Piz Domino's Sausage Piz Chef Salad Salad Baked Beans Baby Carrots Raisins Mandarin Oranges Orange Fresh Apple Banana Pudding Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard	Dec - 11 Hot Dog on Bun Chili Dog on Bun Deli Sub Chef Salad Salad French Fries Baby Carrots Raisins Diced Pears Orange Fresh Apple Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard	Dec - 12 Bkd Potato w/Chili Teriyaki Chicken Dippe Domino's Cheese Pizz Domin's Pepperoni Piz Domino's Sausage Piz Chef Salad Salad Mixed Vegetables Baby Carrots Raisins Juice Cup, Orange Pin Orange Fresh Apple CINNAMON ROLL Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard	Dec - 13 Turkey Pot Roast Hamburger on Bun Deli Sub Chef Salad Salad Mashed Sweet Potatoe Baby Carrots Raisins Canned Fruit Orange Fresh Apple Dinner Roll Chocolate Milk Strawberry Milk Milk, White 1% Brown Gravy Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard BBQ Sauce	Dec - 14 Grilled Cheese Sandwi Meatball Sub Pizza, Pepperoni Stfd Chz Crust Saus Pizza Chef Salad Salad Corn Baby Carrots Raisins Orange Fresh Apple Banana Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Dec - 17 Walking Taco Pork Rib Patty/Bun Domino's Cheese Pizz Domin's Pepperoni Piz Domino's Sausage Piz Chef Salad Salad Green Beans Baby Carrots Raisins Tropical Fruit Salad Orange Fresh Apple Chocolate Chip Cookie Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard	Dec - 18 Chicken Wrap Chicken Patty Sliders Deli Sub Chef Salad Salad Broccoli Baby Carrots Raisins Pineapple Tidbits Orange Fresh Apple Jurassic World Graha Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard	Dec - 19 Chicken Nuggets Cheeseburger on Bun Domino's Cheese Pizz Domin's Pepperoni Piz Domino's Sausage Piz Chef Salad Salad Pork & Beans Baby Carrots Raisins Apricot Halves Orange Fresh Apple Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup Mayonnaise Mustard	Dec - 20 Ham Turkey, Bnls Brst & Thi Scalloped Potatoes California Blend Veget Sliced Strawberries Ice Cream Cup Dinner Roll Chocolate Milk Milk, White 1% Strawberry Milk Brown Gravy Ranch Dressing Honey Mustard Dressi Italian Dressing Rasp Vinaigrette Dress Catsup	Dec - 21 CHRISTMAS BREAK
Dec - 24 CHRISTMAS BREAK	Dec - 25 CHRISTMAS BREAK	Dec - 26 CHRISTMAS BREAK	Dec - 27 CHRISTMAS BREAK	Dec - 28 CHRISTMAS BREAK
Dec - 31 CHRISTMAS BREAK				

Menus Subject to Change

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