

OZARK

Jr High BREAKFAST

Nov 12, 2018

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Monday	Tuesday	Wednesday	Thursday	Friday
Dec - 3 Asst. Cold Cereal Pancake Wrap, Mini M Canned Fruit Yogurt - Variety Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Dec - 4 Asst. Cold Cereal Oatmeal w/Brn Sugar Cinnamon Toast Canned Fruit Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Dec - 5 Asst. Cold Cereal Banana Mini Loaf WG Fresh Apple Yogurt - Variety Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Dec - 6 Asst. Cold Cereal Dutch Waffle Canned Fruit Yogurt - Variety Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Dec - 7 Asst. Cold Cereal Cinnamon Toast Canned Fruit String Cheese Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%
Dec - 10 Asst. Cold Cereal Pancake Saus on a St Canned Fruit Yogurt - Variety Juice Choice Chocolate Milk Strawberry Milk Milk, White 1% Syrup	Dec - 11 Asst. Cold Cereal Sausage Breakfast Piz Canned Fruit Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Dec - 12 Asst. Cold Cereal Ultimate Breakfast Rou Orange Yogurt - Variety Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Dec - 13 Asst. Cold Cereal Waffle Canned Fruit Yogurt - Variety Juice Choice Chocolate Milk Strawberry Milk Milk, White 1% Syrup	Dec - 14 Asst. Cold Cereal Toast Canned Fruit String Cheese Juice Choice Chocolate Milk Strawberry Milk Milk, White 1% Grape Jelly
Dec - 17 Asst. Cold Cereal Scrambled Eggs Bagel, WG Canned Fruit Yogurt - Variety Juice Choice Chocolate Milk Strawberry Milk Milk, White 1% Cream Cheese	Dec - 18 Asst. Cold Cereal Bacon & Egg Brkfst Bo Canned Fruit Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Dec - 19 Asst. Cold Cereal WG Blueberry Muffin Fresh Apple Yogurt - Variety Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Dec - 20 Asst. Cold Cereal Cheese Stuffed Sandw Canned Fruit Yogurt - Variety Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Dec - 21 CHRISTMAS BREAK
Dec - 24 CHRISTMAS BREAK	Dec - 25 CHRISTMAS BREAK	Dec - 26 CHRISTMAS BREAK	Dec - 27 CHRISTMAS BREAK	Dec - 28 CHRISTMAS BREAK
Dec - 31 CHRISTMAS BREAK				

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.