

# OZARK

6-7 Middle School

Aug 9, 2019

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Monday	Tuesday	Wednesday	Thursday	Friday
Aug - 5 Aug - 12	Aug - 6 Aug - 13	Aug - 7 Aug - 14	Aug - 1 Aug - 8 Aug - 15  Chicken Nuggets Cntry Frd Pork Steak Turkey Sub Sandwich - Mashed Potatoes Sour Strawberry Raisin Dinner Roll Chocolate Milk Strawberry Milk Milk, White 1% Brown Gravy Catsup Mustard BBQ Sauce Mayonnaise	Aug - 2 Aug - 9 Aug - 16  Hamburger on Bun Hot Ham/Chz on Bun French Toast Sticks w/ Sweet Potato Tots Hot Cinnamon Apples Chocolate Milk Strawberry Milk Milk, White 1% Catsup Mustard
Aug - 19  Chicken Alfredo Teriyaki Chicken Dippe Cheeseburger Celery Sticks Mixed Fruit Breadstick Chocolate Milk Strawberry Milk Milk, White 1% Catsup Mustard	Aug - 20  Tuna Salad Croissant Hot Dog on Bun Grilled Chicken Sandwi Pork & Beans Chilled Peaches Chocolate Milk Strawberry Milk Milk, White 1% Catsup Mustard Mayonnaise	Aug - 21  Cntry Frd Pork Stk/Bun Mac/Chz w/Smokies Corn Dog Spinach, Sliced Pears Chocolate Chip Cookie Chocolate Milk Strawberry Milk Milk, White 1% Catsup Mustard Mayonnaise	Aug - 22  Popcorn Chicken Turkey Breast Chicken Patty on Bun Mashed Potatoes Mandarin Oranges Dinner Roll Chocolate Milk Strawberry Milk Milk, White 1% Catsup Chicken Gravy BBQ Sauce Mayonnaise	Aug - 23  Bosco Stick Fish Sandwich Hot Ham/Chz on Bun Cooked Carrots Banana Chocolate Milk Strawberry Milk Milk, White 1% Catsup Marinara Sauce
Aug - 26  Soft Beef Taco Chicken Patty on Bun Hamburger on Bun Mexican Beans Applesauce Chocolate Pudding Chocolate Milk Strawberry Milk Milk, White 1% Catsup Mustard Mayonnaise	Aug - 27  Chix & Cheese Crispito BBQ Pulled Pork Sand Turkey Sub Sandwich - Cucumber Tropical Fruit Salad Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Mustard Mayonnaise	Aug - 28  Frito Pie Grilled Chicken Sandwi Chili Dog on Bun Baby Carrots and Cher Pineapple Tidbits Animal Crackers Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Mayonnaise Mustard	Aug - 29  LASAGNA Chicken Tenders Club Sandwich Breadstick Salad Sour Watermelon Raisi Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing BBQ Sauce Mayonnaise Mustard	Aug - 30  Chicken Burrito Cheese Pizza Cheeseburger Corn Watermelon Chunks Chocolate Milk Strawberry Milk Milk, White 1% Catsup Mustard

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.