

# OZARK

## Ozark Junior High

Monday	Tuesday	Wednesday	Thursday	Friday
Aug - 5 Aug - 12	Aug - 6 Aug - 13	Aug - 7 Aug - 14	Aug - 1 Aug - 8 Aug - 15	Aug - 2 Aug - 9 Aug - 16
			Chicken Nuggets Cntry Frd Pork Steak Turkey Sub Sandwich Chef Salad Salad Mashed Potatoes Baby Carrots Raisins Sour Strawberry Raisin Fresh Apple Orange Dinner Roll Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Rasp Vinaigrette Dress Italian Dressing Catsup Mayonnaise Mustard BROWN GRAVY	FrenchToast Sticks w/ Hamburger on Bun Pizza, Pepperoni WG Pizza, Cheese WG Chef Salad Salad Sweet Potato Tots Baby Carrots Raisins Orange Fresh Apple Banana Hot Cinnamon Apples Chocolate Milk Strawberry Milk Milk, White 1% Syrup Ranch Dressing Honey Mustard Dressi Rasp Vinaigrette Dress Italian Dressing Catsup Mayonnaise Mustard
Aug - 19	Aug - 20	Aug - 21	Aug - 22	Aug - 23
Chicken Alfredo Teriyaki Chicken Dippe Domino's Cheese Pizz Domino's Sausage Piz Domin's Pepperoni Piz Chef Salad Salad Celery Sticks Baby Carrots Raisins Mixed Fruit Orange Fresh Apple Breadstick Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Rasp Vinaigrette Dress Italian Dressing Catsup	Tuna Salad Croissant Hot Dog on Bun Grilled Chicken Sandwi Chef Salad Salad Pork & Beans Baby Carrots Raisins Fresh Apple Orange Chilled Peaches Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Rasp Vinaigrette Dress Italian Dressing Catsup Mayonnaise Mustard	Mac/Chz w/Smokies Domino's Cheese Pizz Domin's Pepperoni Piz Domino's Sausage Piz Corn Dog Chef Salad Salad Spinach, Baby Carrots Raisins Orange Fresh Apple Sliced Pears Chocolate Chip Cookie Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Rasp Vinaigrette Dress Italian Dressing Catsup Mayonnaise Mustard	Popcorn Chicken Deli Sub Chicken Patty on Bun Chef Salad Salad Mashed Potatoes Dinner Roll Baby Carrots Raisins Fresh Apple Orange Mandarin Oranges Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Rasp Vinaigrette Dress Italian Dressing Catsup Mayonnaise Mustard BBQ Sauce	Fish Sandwich Hot Ham/Chz on Bun Pizza, Pepperoni WG Pizza, Cheese WG Chef Salad Salad Cooked Carrots Baby Carrots Raisins Orange Fresh Apple Banana Canned Fruit Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Rasp Vinaigrette Dress Italian Dressing Catsup Mayonnaise Mustard Tartar Sauce

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Aug - 26 Soft Beef Taco Cheeseburger on Bun Chef Salad Domino's Cheese Pizz Domino's Sausage Piz Domin's Pepperoni Piz Salad Mexican Beans Baby Carrots Raisins Orange Fresh Apple Applesauce Chocolate Pudding Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Rasp Vinaigrette Dress Italian Dressing Catsup Mayonnaise Mustard	Aug - 27 BBQ Pulled Pork Sand Deli Sub Chili Dog on Bun Chef Salad Salad Cucumber Baby Carrots Raisins Tropical Fruit Salad Orange Fresh Apple Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Rasp Vinaigrette Dress Italian Dressing Catsup Mayonnaise Mustard	Aug - 28 Frito Pie Pork Rib Patty/Bun Domino's Cheese Pizz Domin's Pepperoni Piz Domino's Sausage Piz Chef Salad Salad Lima Beans Baby Carrots Raisins Pineapple Tidbits Orange Fresh Apple Animal Crackers Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Rasp Vinaigrette Dress Italian Dressing Catsup Mustard BBQ Sauce	Aug - 29 LASAGNA Chicken Tenders Club Sub Sandwich Chef Salad Salad Breadstick Corn Baby Carrots Raisins Sour Watermelon Raisi Orange Fresh Apple Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Rasp Vinaigrette Dress Italian Dressing Catsup Mayonnaise Mustard	Aug - 30 Chicken Burrito Cntry Frd Pork Stk/Bun Chef Salad Pizza, Pepperoni WG Pizza, Cheese WG Salad Green Beans Baby Carrots Raisins Orange Fresh Apple Watermelon Chunks Chocolate Milk Strawberry Milk Milk, White 1% Ranch Dressing Honey Mustard Dressi Rasp Vinaigrette Dress Italian Dressing Catsup Mayonnaise Mustard

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