

OZARK HIGH SCHOOL LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
Aug - 5 Aug - 12	Aug - 6 Aug - 13	Aug - 7 Aug - 14	Aug - 1 Aug - 8 Aug - 15	Aug - 2 Aug - 9 Aug - 16
			Club Sub Sandwich Parmesan Chicken Sa Chicken Alfredo Wrap - Variety Pizza - Variety Chef Salad Yogurt - Variety Baby Carrots and Cher Fresh Broccoli Salad Breadstick Corn Raisins Fresh Fruit Canned Fruit Cheese Stick - Variety Lettuce, Shredded Tomatoes Onions Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Pork Rib Patty/Bun Hamburger on Bun Chicken Tenders Wrap - Variety Pizza - Variety Chef Salad Yogurt - Variety Baby Carrots and Cher Fresh Broccoli Salad French Fries Cooked Carrots Raisins Fresh Fruit Canned Fruit Cheese Stick - Variety Lettuce, Shredded Tomatoes Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%
Aug - 19	Aug - 20	Aug - 21	Aug - 22	Aug - 23
Cheeseburger Chicken Patty on Bun Beef Nachos w/Chees Chicken Nachos w/Ch Domino's Cheese Pizz Domin's Pepperoni Piz Domino's Sausage Piz Wrap - Variety Chef Salad Yogurt - Variety Baby Carrots and Cher Fresh Broccoli Fresh Broccoli Salad Green Beans Raisins Fresh Fruit Canned Fruit Cheese Stick - Variety Lettuce, Shredded Tomatoes Onions Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Turkey Sub Sandwich Breaded Pork Patty Sd Sweet & Sour Chicken General Chicken Pizza - Variety Wrap - Variety Chef Salad Yogurt - Variety Salad Baby Carrots and Cher Fresh Broccoli Raisins Long Grain Rice Steamed Broccoli Fresh Fruit Canned Fruit Cheese Stick - Variety Lettuce, Shredded Tomatoes Onions Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Wicked Chicken Parm Hot Ham/Chz on Bun Chicken Parmesan Domino's Cheese Pizz Domin's Pepperoni Piz Domino's Sausage Piz Wrap - Variety Chef Salad Yogurt - Variety Baby Carrots and Cher Fresh Broccoli Fresh Broccoli Salad Cooked Carrots Raisins Breadstick Fresh Fruit Canned Fruit Cheese Stick - Variety Lettuce, Shredded Tomatoes Onions Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Club Sub Sandwich Parmesan Chicken Sa Country Fry Beef Steak Wrap - Variety Chef Salad Yogurt - Variety Baby Carrots and Cher Fresh Broccoli Salad Mashed Potatoes Spinach, Dinner Roll Raisins Fresh Fruit Canned Fruit Cheese Stick - Variety Lettuce, Shredded Tomatoes Juice Choice Chocolate Milk Strawberry Milk Milk, White 1% Brown Gravy	Chicken Quesadilla Hamburger on Bun BBQ Pork Sandwich BBQ Chicken on Bun Wrap - Variety Chef Salad Yogurt - Variety Salad Baby Carrots and Cher Raisins Baked Beans Fresh Fruit Canned Fruit Cheese Stick - Variety Lettuce, Shredded Tomatoes Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

OZARK HIGH SCHOOL LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
Aug - 26	Aug - 27	Aug - 28	Aug - 29	Aug - 30
Grilled Chicken Sandwi Chicken Patty on Bun Frito Pie Domino's Cheese Pizz Domin's Pepperoni Piz Domino's Sausage Piz Wrap - Variety Chef Salad Yogurt - Variety Salad Baby Carrots and Cher Fresh Broccoli Raisins Refried Beans Fresh Fruit Canned Fruit Cheese Stick - Variety Lettuce, Shredded Tomatoes Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Hot Dog on Bun Breaded Pork Patty Sd Sweet & Sour Chicken General Chicken Pizza - Variety Wrap - Variety Chef Salad Yogurt - Variety Salad Baby Carrots and Cher Fresh Broccoli Raisins Long Grain Rice Steamed Broccoli Fresh Fruit Canned Fruit Cheese Stick - Variety Lettuce, Shredded Tomatoes Onions Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Spicy Chicken on Bun Hot Ham/Chz on Bun Chicken Alfredo Domino's Cheese Pizz Domin's Pepperoni Piz Domino's Sausage Piz Wrap - Variety Chef Salad Yogurt - Variety Baby Carrots and Cher Fresh Broccoli Salad Breadstick Raisins Seasoned Peas Fresh Fruit Canned Fruit Lettuce, Shredded Cheese Stick - Variety Tomatoes Onions Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Italian Sub Sandwich Parmesan Chicken Sa Popcorn Chicken Bowl Wrap - Variety Chef Salad Yogurt - Variety Baby Carrots and Cher Fresh Broccoli Salad Raisins Corn Fresh Fruit Canned Fruit Cheese Stick - Variety Lettuce, Shredded Tomatoes Onions Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%	Pork Rib Patty/Bun Hamburger on Bun Chicken Nuggets Pizza - Variety Wrap - Variety Chef Salad Yogurt - Variety Baby Carrots and Cher Fresh Broccoli Salad French Fries Cooked Carrots Raisins Fresh Fruit Canned Fruit Cheese Stick - Variety Lettuce, Shredded Tomatoes Juice Choice Chocolate Milk Strawberry Milk Milk, White 1%

Menus Subject to Change

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